

You've loved your fellow human being as yourself.	V'ahavta rayecha komocha	וְאַהֲבַתָּ לְרֵעֶךָ כְּמוֹךָ
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How beautiful is your temporariness <i>Ya'akov,</i> And the places where Eternity dwells within you, <i>Yisrael!</i>	<i>Ma toe-vu o'ha lecha Ya'akov mishk'notehchah Yisrael.</i>	כִּה טָבוּ אֲהַלִּיךָ יַעֲקֹב, מִשְׁכְּנוֹתֶיךָ יִשְׂרָאֵל. Translation and transliteration by Herb Levy
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Blessed is the One who removes sleep from my eyes and slumber from my eyelids.	Barukh atah Adonay Elohenu khay ha'olamim Ha'mah'ahveer shayni may'ay'ni ut'numan may'ah'pahpie.	בָּרוּךְ אַתָּה יְהוָה אֱלֹהֵינוּ חַי הָעוֹלָמִים הַמַּעֲבִיר שְׁנָה מֵעֵינַי וּתְנוּמָה מֵעַפְעָפִי:
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Blessed is the One who removes our blindnesses.	Barukh atah Adonay Elohenu khay ha'olamim po'kay'akh eevreem.	בָּרוּךְ אַתָּה יְהוָה אֱלֹהֵינוּ חַי הָעוֹלָמִים פּוֹקֵחַ עֵוְרִים:
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Blessed is the One who frees the enslaved.	Barukh atah Adonay Elohenu khay ha'olamim mah'tear ah'soo'reem.	בָּרוּךְ אַתָּה יְהוָה אֱלֹהֵינוּ חַי הָעוֹלָמִים מַתִּיר אֲסוּרִים:
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Blessed is the One who makes the unsure confident.	Barukh atah Adonay Elohenu khay ha'olamim zokafe k'foo'feem.	בָּרוּךְ אַתָּה יְהוָה אֱלֹהֵינוּ חַי הָעוֹלָמִים זוֹקֵף כְּפוּפִים:
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Blessed are you, THE IMAGELESS, who made me in your image.	Barukh atah Adonay Elohenu khay ha'olamim sheh'ah'sa'nee b'tsalmo.	בָּרוּךְ אַתָּה יְהוָה אֱלֹהֵינוּ חַי הָעוֹלָמִים שֶׁעָשִׂנִי בְּצַלְמוֹ:
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Blessed is the One who made us free.	Barukh atah Adonay Elohenu khay ha'olamim sheh'ah'sanu b'nai khoreen.	בָּרוּךְ אַתָּה יְהוָה אֱלֹהֵינוּ חַי הָעוֹלָמִים שֶׁעָשָׂנוּ בְּנֵי חוֹרֵין:
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Blessed is the One who gives us strength.	Barukh atah Adonay Elohenu khay ha'olamim hanotane l'yah'afe co'akh.	בָּרוּךְ אַתָּה יְהוָה אֱלֹהֵינוּ חַי הָעוֹלָמִים הַנוֹתֵן לַיַּעַף כֹּחַ:
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A fountain of blessings are You Yah who has formed us in wisdom and created within us the spark of life.	Each cell does the work of its Creator. Each organ's existence is a tribute to the One. If but one element	of this wondrous structure were to fail in its tasks, We could not stand before You and give thanks to Your sustenance. Let us cherish this gift of flesh and blood And honor it as G!d's creation. Marcia Prager (adapted)
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Gld, the soul you have given me is pure.	Elohi neshamah sheh'nah'tah'tah bee t'horah hee.	אֱלֹהִי, נִשְׁמָה שְׁנַתַּת בִּי טְהוֹרָה הִיא.
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Love

<p>Physics' great quest the unified field theory, a force that connects the four forces into one.</p> <p>Gravity's the force that describes one object's attraction for a second object. Another name for that is love.</p> <p>When that attraction is strong, electromagnetism holds atoms together, preventing one object from crashing through the second one so dominating it as to destroy it. Another name for that is love.</p>	<p>Electromagnetism tells us protons should repel each other and the atom's nucleus should fly apart; but there's something stronger than electromagnetism, stronger than gravity, the strong force keeping atoms connected. Another name for that is love.</p> <p>Neutrons change into protons and electrons, and make nuclear fusion possible, make stars possible, make life possible. Physicists call that the weak force. I call it love.</p> <p>Search for the unified field no longer Love connects the four forces into one, just as it connects us into one.</p> <p style="text-align: right;">© Herb Levy</p>
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I lift my eyes up to the hills. From where does my help come? My help is from the Unseen One, the maker of the heavens and the Earth.	<i>Esa eynay el heharim me'ayin yavo ezri Ezri ma'im adoni oseh shamayim va'aretz</i>	אֲשָׂא עֵינַי אֶל הַהָרִים מֵאֵין יְבֵא עֲזָרִי עֲזָרִי מֵעַם יְהוָה עֲשֵׂה שְׁמַיִם וָאָרֶץ
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<p>Hallelu/Yah! Call out to Yah in Heaven's holy place! Boom out to Yah across the firmament! Shout out for Yah, for all God's mighty deeds! Cry out for Yah, as loud as God is great!</p>	<p><i>Halleluyah halelu el bekodsho. Halleluhu beerkey'ah oozoe Halleluhu beeg'voo'roe'tov Halleluhu k'rove goud'loe Halleluhu betay'kah shofar Halleluhu b'nayvale v'khee'noor Halleluhu b'tofe oo'mah'khole Halleluhu b'mean'neem v'oo'gahv Halleluhu b'tseal'tsah'lay</i></p>	<p>הַלְלוּיָהּ, הִלְלוּ אֶל בְּקֹדֶשׁוֹ, הַלְלוּהוּ בְּרִקְיעַ עֵזוֹ הַלְלוּהוּ בְּגִבוּרָתוֹ, הַלְלוּהוּ כְּרֹב גְּדֻלוֹ: הַלְלוּהוּ בְּתִקְעַ שׁוֹפָר, הַלְלוּהוּ בְּנִבְל וְכִנּוֹר: הַלְלוּהוּ בְּתוֹף וּמְחוּל, הַלְלוּהוּ בְּמִנִּים וְעֹגֵב: הַלְלוּהוּ בְּצִלְצְלֵי שְׁמַע, הַלְלוּהוּ בְּצִלְצְלֵי תְרוּעָה: כֹּל הַנְּשָׁמָה תִּהְיֶל יְהוָה הַלְלוּיָהּ. כֹּל הַנְּשָׁמָה תִּהְיֶל יְהוָה הַלְלוּיָהּ.</p>
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<p>Blast out for Yah with piercing shofar note! Pluck out for Yah with lute and violin! Throb out for Yah with drum and writhing dance! Sing out for Yah with strings and husky flute! Ring out for Yah with cymbals that resound! Clang out for Yah with cymbals that rebound! Let every living thing Yah's praises sing, Hallelu/Yah! Let every living thing Yah's praises sing, Hallelu/Yah!</p>	<p><i>shah'mah Halleluhu b'tseal'tsah'lay t'roo'ah Kole ha'neshamah t'hallel yah Halleluyah. Kole ha'neshamah t'hallel yah Halleluyah.</i></p>	
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<p>Forever dwelling in the heights, forever holy is God's name! And it is written: "Sing joyously, you fervent ones, about THE FOUNT OF LIFE, for, from the upright, praise is fitting!"</p> <p>By the mouths of all the upright you are raised! And in the words of all the just ones you are blessed! And on the tongues of all the fervent you are sanctified! And in the midst of all the saintly, you are praised!</p>	<p><i>Shokhane odd mahrome v'kadoshe sh'moe. V'khatoov, rah'n'nu tsah'dee'keem b'Adonay lah'shah'reem nah'vah t'heelah. B'fee y'shah'reem teet'roe'mom, oove'deev'ray tsah'dee'keem teet'bah'roch, oo'veel'shone khasidim teet'kah'dosh, oove'keh'rehv k'dosheem teet'hah'lahl.</i></p>	<p>שׁוֹכֵן עַד, מְרוֹם וְקָדוֹשׁ שְׁמוֹ: וְכַתּוּב, רִנְנוּ צְדִיקִים בֵּיהוָה, לְיִשְׂרָאֵל נְאֻה תְהִלָּה. בְּפִי יִשְׂרָאֵל תִּתְרוֹמֵם, וּבְדַבְרֵי צְדִיקִים תִּתְבָּרַךְ, וּבְלִשׁוֹן חֲסִידִים תִּתְקַדָּשׁ, וּבְקֶרֶב קְדוֹשִׁים תִּתְהַלָּל.</p>
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<p>May Your Great Name, through our expanding awareness and our fuller action, lift You to become still higher and more holy. For your Great Name weaves together all the names of all the beings in the universe, among them our own names, and it is we who give You the strength to lift us into holiness. (<i>Amein</i>) Throughout the world that You have offered us, a world of majestic peaceful order that gives life to the Godwrestling folk through time and through eternity. And let's say <i>Amein</i>.</p>	<p>Yitgadal v'yit'kadash shemay rabah. Be'alma divra chirutey veyamleech malchutey Bekhayaychone uvyomaycone uvkhahyay dekhole beyt yisrael Ba'agalah uvizman kariv ve'imru amen. Yehey shemey raba mevarak le-alam ulalmey almaya. Yitbarak veyishtabakh veyitpa'ar veyitromam veyitnasey veyit-hadar v'yeet'ah'leh veyithahlal shemey dekudsha bereek hu. Le'ela meekol birkhata veshirata tushbekhata venekhemata da-amiran be'alma ve'imru amen.</p>	<p>יִתְגַּדַּל וְיִתְקַדַּשׁ שְׁמֵהּ רַבָּא בְּעֲלָמָא דִּי בְרָא כְרַעוּתֵיהּ, וְיִמְלִיךְ מַלְכוּתֵיהּ בְּחַיִּיכוּן וּבְיוֹמֵיכוּן וּבְחַיֵּי דְכָל בֵּית יִשְׂרָאֵל. בְּעֲגָלָא וּבְזַמַּן קָרִיב וְאָמְרוּ אָמֵן: יְהֵא שְׁמֵהּ רַבָּא מְבָרַךְ לְעָלַם וּלְעָלְמֵי עָלְמַיָּא: יִתְבָּרַךְ וְיִשְׁתַּבַּח, וְיִתְפָּאֵר וְיִתְרוֹמֵם וְיִתְנַשֵּׂא וְיִתְהַדָּר וְיִתְעַלֶּה וְיִתְהַלַּל שְׁמֵהּ דְקַדְשָׁא בְרִיךְ הוּא לְעֵלְא מְכַל בְּרַכְתָּא וְשִׁירְתָּא, תְּשַׁבְּחָתָא וְנַחֲמָתָא, דְאָמִירוּן בְּעֲלָמָא, וְאָמְרוּ אָמֵן: Transliteration by Herb Levy. Translation by Arthur Waskow</p>
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<p>Blessed is the Face of G!d, the faces of All.</p>	<p>Barchu et Yah ha'm'vorach</p>	<p>בְּרַכּוּ אֶת יְהוָה הַמְּבָרָךְ:</p>
<p>Blessed is the Holiness in All Things</p>	<p>Baruch Yah ha'm'vorach l'olam vaded!</p>	<p>בְּרוּךְ יְהוָה הַמְּבָרָךְ לְעוֹלָם וָעֶד: Translation and transliteration by Herb Levy</p>

Love is Shekhina's Way

<p>Love is Shekhina's Way of proving we are made in her image. She gave us love to transcend the isolation of self. To experience the unity of universe. She shows us that love is the bounty of the universe, Available to all, in diverse ways.</p>	<p>Love of child, of parent, of justice, of friend, of beauty, And the special love of partner, The special eternal connection when two become one, While remaining two. We give Shekhina thanks every time we love. © Herb Levy</p>
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<p>We are loved by an unending love. We are embraced by arms that find us Even when we are hidden from ourselves.</p> <p>We are touched by fingers that soothe us even when we are too proud for soothing. We are counseled by voices that guide us even when we are too embittered to hear. We are loved by an unending love.</p>	<p>We are supported by hands that uplift us even in the midst of a fall. We are urged on by eyes that meet us even when we are too weak for meeting. We are loved by an unending love.</p> <p>Embraced, touched, soothed and counseled. Ours are the arms, the fingers, the voices; Ours are the hands, the eyes, the smiles: We are loved by an unending love.</p> <p>Words by Rami Shapiro, music by Shir Yaakov Feit</p>
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<p>Look, Smell, Taste, Touch, Listen: All that you experience is G!d, the Wonder of Oneness!</p>	<p>Shema ha'kole adonay eloheynu adonay echad.</p>	<p>שְׁמַע יִשְׂרָאֵל יְהוָה אֱלֹהֵינוּ יְהוָה אֶחָד:</p>
<p>Blessed be every Name, which is God's name, the Majesty of Infinite Beingness!</p>	<p><i>Baruch shem kevod malchuto le'olam va'ed.</i></p>	<p>בְּרוּךְ שֵׁם כְבוֹד מַלְכוּתוֹ לְעוֹלָם וָעֵד.</p>

<p>You fell in love with Yah, the Interbreathing of all things, with all your passion and with every fiber of your being. Let the <i>Shema</i> nest in your heart and sanctify you as a mirror of the Love between Yah and <i>Shekinah</i>, the intimate connection between the External and the Internal. Renew these vows by your every thought and action. Sometimes you will lose the Consciousness of the Connection of All Things. Symbols help as reminders of the Oneness of All.</p>	<p>Ve'ahavta et Adonay Elohecha bekole levecha uvechole nafshecha uvechole me'odecha. Veha'yu hadevarim ha'eleh asher anochi metzavecha hayome al levahvehcha. Vishinamtam levanecha vedibarta bam beshivtecha beveytecha evelechtechah vahderek ooveshochbecha oovekumecha. Ookeshartam le'ot al yadecha vehayu letotafote beyn eynehcha ooketavtam al mezuzot beytecha oovisharecha</p>	<p>וְאַהַבְתָּ אֶת יְהוָה אֱלֹהֶיךָ, בְּכָל-לִבְבְּךָ, וּבְכָל-נַפְשֶׁךָ, וּבְכָל-מְאֹדֶךָ. וְהָיוּ הַדְּבָרִים הָאֵלֶּה, אֲשֶׁר אֲנֹכִי מְצַוְךָ הַיּוֹם, עַל-לִבְבְּךָ: וְשָׁנַנְתָּם לְבִנְיָן, וְדַבַּרְתָּ בָם בְּשִׁבְתְּךָ בְּבֵיתְךָ, וּבְלִכְתְּךָ בַדֶּרֶךְ וּבְשֹׁכְבְּךָ, וּבְקוּמְךָ. וּקְשַׁרְתָּם לְאוֹת עַל-יָדְךָ, וְהָיוּ לְטֹטְפֹת בֵּין עֵינֶיךָ, וְכִתַּבְתָּם עַל מְזוֹזֹת בֵּיתְךָ וּבְשַׁעְרֶיךָ:</p> <p>Translation and transliteration by Herb Levy</p>
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How can anyone be as great as the Whole! Whose holiness, praiseworthiness and wondrous actions equal everyone's?	Mi chamokah ba'elim Adonay. Mi chamokah nedor bakodesh, Nora tehilot osey feleh.	מי כַּמֹּכָה בְּאֵלִים יְהוָה מי כַּמֹּכָה נֶאֱדָר בְּקֹדֶשׁ, נִרְאָה תְהִילַת, עֹשֶׂה פְּלֵא:
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עֲמִידָה Amidah

Blessed are You, our God, God of our ancestors!	Barukh atah Yah Elohenu ay'lohay avotenu v'emoetaynu	בְּרוּךְ אַתָּה יְהוָה אֱלֹהֵינוּ אֱלֹהֵי אֲבוֹתֵינוּ וְאִמּוֹתֵינוּ
Blessed are You, the shield of Abraham and help of Sarah!	Barukh at Yah magane Avraham v'ehzraht Sarah.	בְּרוּךְ אַתָּה יְהוָה מִגֵּן אֲבָרָהִם וְעֲזַרְתָּ שָׂרָה;
Blessed are You who bestows life on all the living!	Barukh atah Yah m'khai'yay khol khai.	בְּרוּךְ אַתָּה יְהוָה מַחֲיֵה כָּל חַיִּי;
Blessed are You Ruler of the Earth who sanctifies Shabbat!	Barukh at Yah Malkah ol kol ha'aretz m'kadashe ha'Shabbat.	בְּרוּךְ אַתָּה יְהוָה מְלַכָּה עַל כָּל הָאָרֶץ מְקַדֵּשׁ הַשַּׁבָּת;
Blessed are You whose presence can be felt in Zion!	Barukh atah Yah ha'makhazeer sh'khee'na'to l'tsion	בְּרוּךְ אַתָּה יְהוָה הַמַּחְזִיר שְׂכִינְתּוֹ לְצִיּוֹן.
Blessed is the One whose Name is Goodness and to whom we give thanks!	Barukh at Yah ha'tov sheemkha ulkha na'eh l'hodot	בְּרוּךְ אַתָּה יְהוָה הַטּוֹב שְׂמֵךְ וְלֵךְ נְאֻה לְהוֹדוֹת.
Blessed are You who makes peace.	Barukh atah Yah oseh shalom.	בְּרוּךְ אַתָּה יְהוָה עוֹשֶׂה הַשְּׁלוֹם.

ה	All is perfect.
ו	You are loved.
ה	All is clear.
ו	I am holy. Zalman Schachter-Shalomi

It is only by breaking open entirely
 By allowing our heart and our whole being
 To break open again and again
 Wider than we ever thought possible
 That the unbreakable jewel is revealed
 The belovedness of being itself
 The radiant diamond that we've always
 been.
 By loving, truly loving our every aspect
 An inexplicable laughter is born
 From the deepest sorrow

An exquisite song emerges
 From the most terrifying scream
 The most tender child is awakened
 Through the hateful murderer
 Our purest holiness is revealed
 By our willingness to embrace
 The very thing that most frightens us
 And we find unexpectedly the treasure
 Where we least expect it to be.
 Often in our most disavowed part.

Rashani

Beannacht

On the day when
 the weight deadens
 on your shoulders
 and you stumble,
 may the clay dance
 to balance you.

And when your eyes
 freeze behind
 the grey window
 and the ghost of loss
 gets in to you,
 may a flock of colours,
 indigo, red, green,
 and azure blue
 come to awaken in you
 a meadow of delight.

When the canvas frays
 in the currach of thought
 and a stain of ocean
 blackens beneath you,
 may there come across the waters
 a path of yellow moonlight
 to bring you safely home.



May the nourishment of the earth be yours,
 may the clarity of light be yours,
 may the fluency of the ocean be yours,
 may the protection of the ancestors be yours.
 And so may a slowwind work these words
 of love around you, an invisible cloak
 to mind your life.

John O'Donohue

I am loved.
 Too easy to say, perhaps.
 Too fleeting a feeling upon which to
 anchor a life.
 And yet it is so.
 I am loved. Though not always by me.
 From my earliest days I was helped and
 guided
 to find the path of justice, mercy, and
 humility.
 Some guides were clear:
 parents, grandparents, teachers,
 friends.
 Some were subtle,
 unexpected,
 often painful.
 They are all and always with me.

When I quiet my mind and still my heart,
 when I cease the nervous doing that so often
 passes for purposeful living,
 I sense their wisdom
 echoing in my heart.
 I call out and hear the Echo,
 my voice no longer mine, and richer.
 I listen and learn.
 Through tales and tradition,
 through law and acts of kindness,
 I find my way.
 I take mitzvot upon myself
 and seek to walk the path of righteousness.
 They, too, become my guides,
 and I think of them daily.
 May I never withdraw my love from this path.

Rami Shapiro

 <p>May God bless you and guard you. May God shine his faces upon you and grace you. May God lift up her faces to you and give you peace.</p> <p>May you be filled with the Divine Flow and may its essence transform you so that you are protected from your habits of distortion May the fierce and loving light of God shine through all illusions of self, dissolving the walls that seem to keep out the miracle of grace.</p> <p>May the face of God that is hidden in everything remove its mask and reveal the truth of inter-connectedness. And may the love that shines through the face-of-all-things give you peace.</p> <p style="text-align: right;">Shefa Gold.</p>	<p>Y'va'reh'cha'chah Adonay v'yeesh'ma'reh'cha. (Kane yehi ratzone) Ya'are Adonay pahnov alechah vee'koo'neh'ka. (Kane yehi ratzone) Yeesah Adonay panov alechah v'yasame lechah shalom. (Kane yehi ratzone)</p>	 <p>יְבָרְכֶךָ יי וַיְשַׁמְרֶךָ. (כִּן יְהִי רָצוֹן) יָאֵר יי פָּנָיו אֱלֹהִים וַיַּחַנְּךָ. (כִּן יְהִי רָצוֹן) יֵשָׁא יי פָּנָיו אֱלֹהִים וַיִּשֶׂם לְךָ שְׁלוֹם. (כִּן יְהִי רָצוֹן)</p>
<p>May the one who creates harmony above make peace for us and for all Israel, and for all who dwell on earth. And say: Amen.</p>	<p>Oseh shalom bimromav hu ya'aseh shalomaleyenu ve'al kol Yisrael ve'al kol yoshvey tavale ve'imru amen.</p>	<p>עֹשֶׂה שְׁלוֹם בְּמִרוֹמָיו הוּא יַעֲשֶׂה שְׁלוֹם עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל, וְעַל כָּל יוֹשְׁבֵי תֵבֵל וְאָמְרוּ אָמֵן:</p>

Torah Study

Celebrating Romantic Love

Romances are stories. That is what the word 'romance' means; it means stories about what happens, the accomplishments, the challenges and the setbacks along the way. But today is not about just any kind of story. We are speaking today of romances of love, how love changes peoples' lives, not only the life of the couple, but also the lives of those around them. Such stories are sacred and perhaps that is why they are often guarded and rarely shared in community. These stories are alive. That is why they must be told and retold every year. With each telling, if we stay within the sacred space, the stories evolve into more and more complex forms. As we hear them we also evolve.

Whether you are single, whether you are newly mated, whether you've been partnered for years, we all need reminders of love's possibilities.

Marilyn Bronstein

Wild Geese

<p>Tell me about your despair, yours, and I will tell you mine. You do not have to be good. You do not have to walk on your knees For a hundred miles through the desert, repenting. You only have to let the soft animal of your body love what it loves. Tell me about your despair, yours, and I will tell you mine. Meanwhile the world goes on.</p>	<p>Meanwhile the sun and the clear pebbles of the rain are moving across the landscapes, over the prairies and the deep trees, the mountains and the rivers. Meanwhile the wild geese, high in the clean blue air, are heading home again. Whoever you are, no matter how lonely, the world offers itself to your imagination, calls to you like the wild geese, harsh and exciting – over and over announcing your place in the family of things.</p>
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Mary Oliver

<p>Torah is a Tree of Life to those whose actions are rooted in harmony with the All. Its ways balance the small with the whole and restore peace. Remind us of the Preciousness of All. Renew us, as is the way of the Cycle of Life!</p>	<p>Atze khaim hee lah'mah'kchah'zee'keem bah, v'tome'kkeh'hah m'oo'shar. D'rah'kkeh'hah. Dahr'khay'no'am v'khole n'tee'voe'teh'hah shalom. Hasheevanu Adonay alecha v'nahshoovah khadashe yamaynu k'kedem.</p>	<p>עַץ חַיִּים הִיא לְמַחְזִיקִים בָּהּ, וְתַמְכֶּיהָ מֵאֲשֶׁר: דְּרָכֶיהָ דְרָכֵי נְעָם, וְכֹל נְתִיבוֹתֶיהָ שְׁלוֹם. הַשִּׁיבֵנו יְיָ, אֱלֹהֵינוּ וְנִשׁוּבָה חֲדָשׁ יַמִּינוּ כְּקֶדֶם.</p> <p style="text-align: right;">Translation/transliteration by Herb Levy</p>
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<p>Aleynu leshabe'ah la'adon hakol Letet gedulah leyotzer bereshit shenatan lanu torat emet vekhayey olam nata betohenu</p> <p>Va'anachnu korim, u'mishtakhavim, u'modim, lifnei melekh, malkhei ham'lakhim, hakadosh barukh Hu. She'hu noteh shamayim, ve'yoseid aretz, u' moshav yikaro bashamayim mi-ma'al, u'sh'khinat u-zo be'gavhei me'romim. Hu Eloheinu, ein od.</p> <p>Emet malkeinu, efes zulato. Kakatur be'torato, ve'yadata hayom, ve'yadata hayom ve'hashevota Eil le'vavekha. Ki Adonai, Hu ha-Elohim, bashamayim mi-ma'al, ve'al ha'arets, ve'al ha'arets mitakhat. Ein od. Ein od.</p> <p>V' nehehmar, v'hawyaw Adoenoy l'melek ol kole ha'ahretz. B'yome hahoo, b'yome hahoo, yee-heh-yeah Ahdoenoy ehkhad, oo'shmoe, oo'shmoe, oo'shmoe ehkhad.</p>	<p>עָלֵינוּ לְשַׁבַּח לְאֲדוֹן הַכֹּל, לְתַת גְּדֻלָּה לְיוֹצֵר בְּרֵאשִׁית, שָׁנַתָּנוּ לָנוּ תּוֹרַת אֱמֶת וְחַיֵּי עוֹלָם נִטַּע בְּתוֹכֵנוּ; וְאַנְחָנוּ כְּזֹרְעִים וּמִשְׁתַּחֲוִים וּמוֹדִים, לִפְנֵי מֶלֶךְ, מַלְכֵי הַמַּלְאָכִים, הַקְּדוֹשׁ בְּרוּךְ הוּא. שֶׁהוּא נוֹטֵה שָׁמַיִם וְיִסַּד אֶרֶץ, וּמוֹשֵׁב יְקָרוֹ בְּשָׁמַיִם מִמַּעַל, וְשֹׁכֵנֵת עָזוֹ בְּגִבְהֵי מְרוֹמִים, הוּא אֱלֹהֵינוּ אֵין עוֹד. אֱמֶת מְלַכְנוּ אִפְס זִוְלָתוֹ, כְּכַתוּב בְּתוֹרָתוֹ: וַיִּדְעָתָּ הַיּוֹם וְהִשְׁבַּתְתָּ אֶל לְבַבְךָ, כִּי יְיָ הוּא הָאֱלֹהִים בְּשָׁמַיִם מִמַּעַל וְעַל הָאֶרֶץ מִתַּחַת, אֵין עוֹד: וְנֹאמַר: וְהָיָה יְיָ לְמֶלֶךְ עַל כָּל הָאֶרֶץ: בַּיּוֹם הַהוּא יְהִיָּה יְיָ אֶחָד וְשֵׁמוֹ אֶחָד.</p>
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'Tis a Fearful Thing

<p>Tis a fearful thing To love What death can touch. To love, to hope, to dream, And ah, to lose. A thing for fools, this, Love, But a holy thing, To love what death can touch.</p>	<p>For your life has lived in me; Your laugh once lifted me; Your word was gift to me. To remember this brings painful joy. 'Tis a human thing, love, A holy thing, To love What death has touched.</p>
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Chaim Stern

Kaddish

<p>The great essence will flower in our lives and expand throughout the world. May we learn to let it shine through so we can augment its glory. We praise, we continue to praise, and yet, whatever it is we praise is quite beyond the grasp of all these words & symbols that point us towards it. We know, and yet we do not know. May great peace pour forth from the heavens for us, for all Israel, for all who struggle toward truth. May that which makes harmony in the cosmos above, bring peace within and between us, and to all who dwell on this earth, and let us say, Amen.</p> <p style="text-align: right;">Burt Jacobson</p>	<p>Yitgadal v'yit'kadash shemay rabah. Be'alma divra chirutey veyamleech malchutey Bekhayaychone uvyomaycone uvkhahyay dekhole beyt yisrael Ba'agalah uvizman kariv ve'imru amen. Yehey shemey raba mevarak le-alam ulalmey almaya. Yitbarak veyishtabakh veyitpa'ar veyitromam veyitnasey veyit-hadar v'yeet'ah'leh veyithahlal shemey dekudsha bereek hu. Le'ela meekol birkhata veshirata tushbekhata venekhemata da- amiran be'alma ve'imru amen. Yehay sh'lamah rahbah meen sh'may'yah v'khaim aleynu v'al kal Yisrael ve'imru amen. Oseh shalom bimromav hu ya'aseh shalom aleynu ve'al kol Yisrael ve'al kol Yishmael ve'al kol yoshvey tavale ve'imru amen.</p>	<p>יִתְגַּדֵּל וְיִתְקַדֵּשׁ שְׁמֵהּ רַבָּא בְּעֵלְמָא דִּי בְרָא כְרַעוּתְהָ, וְיִמְלִיךְ מַלְכוּתְהָ בְּחַיִּיכוֹן וּבְיוֹמֵיכוֹן וּבְחַיֵּי דְכָל בֵּית יִשְׂרָאֵל. בְּעֵגְלָא וּבְזִמְן קָרִיב וְאִמְרוּ אָמֵן: יְהֵא שְׁמֵהּ רַבָּא מְבָרַךְ לְעָלַם וּלְעָלְמֵי עָלְמַיָּא: יִתְבָּרַךְ וְיִשְׁתַּבַּח, וְיִתְפָּאֵר וְיִתְרוֹמֵם וְיִתְנַשֵּׂא וְיִתְהַדָּר וְיִתְעַלֶּה וְיִתְהַלָּל שְׁמֵהּ דְּקֻדְשָׁא בְּרִיךְ הוּא לְעֵלְא מְכָל בְּרַכְתָּא וְשִׁירְתָּא, תְּשַׁבְּחַתָּא וְנַחֲמַתָּא, דְּאִמְיָרָן בְּעֵלְמָא, וְאִמְרוּ אָמֵן: יְהֵא שְׁלָמָא רַבָּא מִן שְׁמַיָּא וְחַיִּים עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל, וְאִמְרוּ אָמֵן: עֲשֵׂה שְׁלוֹם בְּמִרוֹמָיו הוּא יַעֲשֵׂה שְׁלוֹם עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל, וְעַל כָּל יִשְׁמַאֵל וְעַל כָּל יוֹשְׁבֵי תַבֵּל וְאִמְרוּ אָמֵן:</p>
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May the light of love

As we come around to take our places at the table,
A moment to remember and reflect upon our wealth,
Here's to loving friends and family, here's to being
able,
To gather here together in good company and health.

Chorus:

And may the light of love be shining deep within your
spirit,
May the torch of mercy clear a path and show the way,
May the horn of plenty sound so everyone can hear it,
May the light of love be with you every day.

And may we be released from all those feelings that
would harm us,
May we have the will to give them up and get them
gone,
For heavy are the satchels full of anger and false
promise,
May we have the strength to put them down.

And may we wish the best for everyone that we
encounter,
May we swallow pride and may we do away with fear
For it's only what we do not know that we have grown
afraid of,
And only what we do not choose to hear.

And as we bless our daily bread and drink our day's
libation,
May we be reminded of the lost and wayward souls.
The hungry and the homeless that we have in every
nation,
May we fill each empty cup and bowl.

May nothing ever come between or threaten to divide us,
May we never take for granted all the gifts that we
receive,
Being ever mindful of the unseen hands that guide us,
And the miracles that cause us to believe.

David Roth