

Grateful I am before you, Breath of Endless Life!	Modeh/Modah Ani L'fanekha, ruach chai v'kayam	מוֹדָה (מוֹדָה) אֲנִי לְפָנֶיךָ רוּחַ חַי וְקַיִם
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How beautiful is your temporariness <i>Ya'akov</i> , And the places where Eternity dwells within you, <i>Yisrael!</i>	<i>Ma toe-vu o'ha lecha Ya'akov mishk'notehchah Yisrael.</i>	מָה טָבוּ אֱהָלֶיךָ יַעֲקֹב, מִשְׁכְּנוֹתֶיךָ יִשְׂרָאֵל. Translation and transliteration by Herb Levy
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Blessed is the One who removes sleep from my eyes and slumber from my eyelids.	Barukh atah Adonay Elohenu khay ha'olamim Ha'mah'ahveer shayni may'ay'ni ut'numan may'ah'pahpie.	בָּרוּךְ אַתָּה יְהוָה אֱלֹהֵינוּ חַי הָעוֹלָמִים הַמַּעֲבִיר שְׁנָה מֵעֵינַי וּתְנוּמָה מֵעַפְעָפַי:
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Blessed is the One who removes our blindnesses.	Barukh atah Adonay Elohenu khay ha'olamim po'kay'akh eevreem.	בָּרוּךְ אַתָּה יְהוָה אֱלֹהֵינוּ חַי הָעוֹלָמִים פוֹקֵחַ עֵוְרִים:
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Blessed is the One who frees the enslaved.	Barukh atah Adonay Elohenu khay ha'olamim mah'tear ah'soo'reem.	בָּרוּךְ אַתָּה יְהוָה אֱלֹהֵינוּ חַי הָעוֹלָמִים מַתִּיר אֲסוּרִים:
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Blessed is the One who makes the unsure confident.	Barukh atah Adonay Elohenu khay ha'olamim zokafe k'foo'feem.	בָּרוּךְ אַתָּה יְהוָה אֱלֹהֵינוּ חַי הָעוֹלָמִים זוֹקֵף כְּפוּפִים:
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Blessed are you, THE IMAGELESS, who made me in your image.	Barukh atah Adonay Elohenu khay ha'olamim sheh'ah'sa'nee b'tsalmo.	בָּרוּךְ אַתָּה יְהוָה אֱלֹהֵינוּ חַי הָעוֹלָמִים שֶׁעָשָׂנִי בְּצַלְמוֹ:
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Blessed is the One who made us free.	Barukh atah Adonay Elohenu khay ha'olamim sheh'ah'sanu b'nai khoreen.	בָּרוּךְ אַתָּה יְהוָה אֱלֹהֵינוּ חַי הָעוֹלָמִים שֶׁעָשָׂנוּ בְּנֵי חוֹרֵין:
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Blessed is the One who gives us strength.	Barukh atah Adonay Elohenu khay ha'olamim hanotane l'yah'afe co'akh.	בָּרוּךְ אַתָּה יְהוָה אֱלֹהֵינוּ חַי הָעוֹלָמִים הַנוֹתֵן לַיַּעַף כֹּחַ:
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G'd, the soul you have given me is pure.	Elohi neshamah sheh'nah'tah'tah bee t'horah hee.	אֱלֹהֵי, נִשְׁמָה שְׁנַתַּת בִּי טְהוֹרָה הִיא.
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<p>I will not die an un-lived life. I will not live in fear of falling or catching fire. I choose to inhabit my days, to allow my living to open me, to make me less afraid' more accessible, to loosen my heart</p>	<p>until it becomes a wing, a torch, a promise. I choose to risk my significance, to live so that which came to me as seed goes to the next as blossom, and that which came to me as blossom, goes on as fruit.</p> <p style="text-align: right;">Dawna Markova</p>
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<p>I lift my eyes up to the hills. From where does my help come? My help is from the The Unseen One, the maker of the heavens and the Earth.</p>	<p><i>Esa eynay el heharim me'ayin yavo ezri Ezri ma'im adoni oseh shamayim va'aretz</i></p>	<p>אֲשָׂא עֵינַי אֶל הַהָרִים מֵאֵין יָבֵא עֲזָרִי עֲזָרִי מֵעַם יְהוָה עֹשֶׂה שָׁמַיִם וָאָרֶץ</p>
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<p>Hallelu/Yah! Call out to Yah in Heaven's holy place! Boom out to Yah across the firmament! Shout out for Yah, for all God's mighty deeds! Cry out for Yah, as loud as God is great! Blast out for Yah with piercing shofar note! Pluck out for Yah with lute and violin! Throb out for Yah with drum and writhing dance! Sing out for Yah with strings and husky flute! Ring out for Yah with cymbals that resound! Clang out for Yah with cymbals that rebound!</p>	<p><i>Halleluyah halelu el bekodsho. Halleluhu beerkey'ah oozoe Halleluhu beeg'voo'roe'tov Halleluhu k'rove goud'loe Halleluhu betay'kah shofar Halleluhu b'nayvale v'khee'noor Halleluhu b'tofe oo'mah'khole Halleluhu b'mean'neem v'oo'gahv Halleluhu b'tseal'tsah'lay shah'mah Halleluhu b'tseal'tsah'lay t'roo'ah Kole ha'neshamah t'hallel yah Halleluyah. Kole ha'neshamah t'hallel yah Halleluyah.</i></p>	<p>הַלְלוּיָהּ, הִלְלוּ אֶל בְּקֹדֶשׁוֹ, הַלְלוּיָהּ בְּרִקְיעַ עֶזוֹ הַלְלוּיָהּ בְּגְבוּרָתוֹ, הַלְלוּיָהּ כְּרַב גְּדֹלוֹ: הַלְלוּיָהּ בְּתַקְעַ שׁוֹפָר, הַלְלוּיָהּ בְּנִבֵּל וְכִנּוֹר: הַלְלוּיָהּ בְּתוֹף וּמְחוּל, הַלְלוּיָהּ בְּמִנִּים וְעִגְבִּ: הַלְלוּיָהּ בְּצִלְצְלֵי שָׁמַע, הַלְלוּיָהּ בְּצִלְצְלֵי תְרוּעָה: כָּל הַנְּשָׂמָה תִהְיֶה יְהִי הַלְלוּיָהּ. כָּל הַנְּשָׂמָה תִהְיֶה יְהִי הַלְלוּיָהּ.</p>
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<p>Let every living thing Yah's praises sing, Hallelu/Yah! Let every living thing Yah's praises sing, Hallelu/Yah!</p>		
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<p>Forever dwelling in the heights, forever holy is God's name! And it is written: "Sing joyously, you fervent ones, about THE FOUNT OF LIFE, for, from the upright, praise is fitting!"</p> <p>By the mouths of all the upright you are raised! And in the words of all the just ones you are blessed! And on the tongues of all the fervent you are sanctified! And in the midst of all the saintly, you are praised!</p>	<p><i>Shokhane odd mahrome v'kadoshe sh'moe. V'khatoov, rah'n'nu tsah'dee'keem b'Adonay lah'shah'reem nah'vah t'heelah. B'fee y'shah'reem teet'roe'mom, oove'deev'ray tsah'dee'keem teet'bah'roch, oo'veel'shone khasidim teet'kah'dosh, oove'keh'rehv k'dosheem teet'hah'lahl.</i></p>	<p>שׁוֹכֵן עַד, מְרוֹם וְקָדוֹשׁ שְׁמוֹ: וְכָתוּב, רְנְנוּ צְדִיקִים בֵּיהוָה, לְיִשְׁרָאֵל נְאֻה תְהִלָּה. בְּפִי יִשְׁרָאֵל תִּתְרוֹמֵם, וּבְדַבְרֵי צְדִיקִים תִּתְבָּרַךְ, וּבְלִשׁוֹן חֲסִידִים תִּתְקַדָּשׁ, וּבְקֶרֶב קְדוֹשִׁים תִּתְהַלַּל.</p>
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<p>May Your Great Name, through our expanding awareness and our fuller action, lift You to become still higher and more holy. For your Great Name weaves together all the names of all the beings in the universe, among them our own names, and it is we who give You the strength to lift us into holiness. (<i>Amein</i>) Throughout the world that You have offered us, a world of majestic peaceful order that gives life to the Godwrestling folk through time and through eternity. And let's say <i>Amein</i>.</p>	<p>Yitgadal v'yit'kadash shemay rabah. Be'alma divra chirutey veyamleech malchutey Bekhayaychone uvyomaycone uvkhahyay dekhole beyt yisrael Ba'agalah uvizman kariv ve'imru amen. Yehey shemey raba mevarak le-alam ulalmey almaya. Yitbarak veyishtabakh veyitpa'ar veyitromam veyitnasey veyit-hadar v'yeet'ah'leh veyithahlal shemey dekudsha bereek hu. Le'ela meekol birkhata veshirata tushbekhata venekhemata da-amiran be'alma ve'imru amen.</p>	<p>יִתְגַּדַּל וְיִתְקַדַּשׁ שְׁמֵהּ רַבָּא בְּעֲלָמָא דִּי בְרָא כְרְעוּתֵיהּ, וְיִמְלִיךְ מַלְכוּתֵיהּ בְּחַיִּיכוּן וּבְיוֹמֵיכוּן וּבְחַיֵּי דְכָל בֵּית יִשְׂרָאֵל. בְּעֲגָלָא וּבְזַמַּן קָרִיב וְאִמְרוּ אָמֵן: יְהֵא שְׁמֵהּ רַבָּא מְבָרַךְ לְעָלַם וּלְעָלְמֵי עָלְמַיָּא: יִתְבָּרַךְ וְיִשְׁתַּבַּח, וְיִתְפָּאֵר וְיִתְרוֹמֵם וְיִתְנַשֵּׂא וְיִתְהַדָּר וְיִתְעַלֶּה וְיִתְהַלַּל שְׁמֵהּ דְקֻדְשָׁא בְרִיךְ הוּא לְעֵלְא מְכַל בְּרַכְתָּא וְשִׁירְתָּא, תְּשַׁבְּחָתָא וְנַחֲמָתָא, דְאִמְרוּ בְּעֲלָמָא, וְאִמְרוּ אָמֵן: Transliteration by Herb Levy. Translation by Arthur Waskow</p>
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<p>Blessed is the Face of G!d, the faces of All.</p>	<p>Barchu et Yah ha'm'vorach</p>	<p>בְּרַכּוּ אֶת יְהוָה הַמְּבָרַךְ:</p>
<p>Blessed is the Holiness in All Things</p>	<p>Baruch Yah ha'm'vorach l'olam vaded!</p>	<p>בְּרוּךְ יְהוָה הַמְּבָרַךְ לְעוֹלָם וָעֶד: Translation and transliteration by Herb Levy</p>

The Long Way Home

<p>In the middle of the Garden of Eden stands the Tree of Life roots and branches Nourished and sustained by Mayim Chayim Living Waters. We who tasted the Tree of Knowledge, Good and Evil, left the Garden, pursuing illusions of duality, like children searching for the rules of the game. And now that we have learned that thoughts are endless</p>	<p>and desires insatiable we yearn for the comfort of the Infinite One who embraces all differences in a bouquet of beauty. To re-enter the Garden we must pass through the sword of truth surrendering our will to be right. Then we glimpse Her radiance breathe Her sweet blossoms taste Her satisfying fruit and discover that what we seek on the outside dwells within. Home is the heart of self-love</p> <p style="text-align: right; font-size: small;">Siddur Kol Koreh</p>
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Meditation for Tzitzit

<p>As you gather the tzitzit to the center, open to your own fringes, the edges, margins and knots. Open to immerse in wholeness, in shalom. As you hold the tzitzit, open your heart wide. Open yourself to welcome, to offer shalom for all beings</p>	<p>at the edges, the margins, & those in exile, refugees. Open to all beings at the fringes of our worlds. Open to the wisdom of compassion and courage. Breathe deep and honor sacred presence.</p> <p style="text-align: right; font-size: small;">Sharon Shosh Lulyanit</p>
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<p>Look, Smell, Taste, Touch, Listen: All that you experience is G!d, the Wonder of Oneness!</p>	<p>Shema ha'kole adonay eloheynu adonay echad.</p>	<p style="text-align: center;">שְׁמַע יִשְׂרָאֵל יְהוָה אֱלֹהֵינוּ יְהוָה אֶחָד:</p>
<p>Blessed be every Name, which is God's name, the Majesty of Infinite Beingness!</p>	<p><i>Baruch shem kevod malchuto le'olam va'ed.</i></p>	<p style="text-align: center;">בָּרוּךְ שֵׁם כְּבוֹד מַלְכוּתוֹ לְעוֹלָם וָעֶד.</p>

<p>You fell in love with Yah, the Interbreathing of all things, with all your passion and with every fiber of your being. Let the <i>Shema</i> nest in your heart and sanctify you as a mirror of the Love between Yah and <i>Shekinah</i>, the intimate connection</p>	<p>Ve'ahavta et Adonay Elohecha bekole levecha uvechole nafshecha uvechole me'odecha. Vaha'yu hadevarim ha'eleh asher anochi metzavecha hayome al levahvehcha. Vishinamtam levanecha vedibarta bam beshivtecha beveytecha evelechtechta vahderek ooveshochbecha</p>	<p style="text-align: center;">וְאַהַבְתָּ אֶת יְהוָה אֱלֹהֶיךָ, בְּכָל-לִבְבְּךָ, וּבְכָל-נַפְשְׁךָ, וּבְכָל-מְאֹדְךָ. וְהָיוּ הַדְּבָרִים הָאֵלֶּה, אֲשֶׁר אֲנֹכִי מְצַוְךָ הַיּוֹם, עַל-לִבְבְּךָ: וְשִׁנַּנְתָּם לְבִינְךָ, וְדַבַּרְתָּ בָּם בְּשִׁבְתְּךָ בְּבֵיתְךָ, וּבְלַכְתְּךָ בַּדֶּרֶךְ וּבְשֹׁכְבְּךָ, וּבְקוּמְךָ. וּקְשַׁרְתָּם לְאוֹת עַל-יָדְךָ, וְהָיוּ לְטֹטְפוֹת בֵּין עֵינֶיךָ,</p>
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<p>between the External and the Internal. Renew these vows by your every thought and action. Sometimes you will lose the Consciousness of the Connection of All Things. Symbols help as reminders of the Oneness of All.</p>	<p>oovekumecha. Ookeshartam le'ot al yadecha vehayu letotafote beyn eynehcha ooksetavtam al mezuzot beytecha oovisharecha</p>	<p>וְכַתְּבֶתֶם עַל מְזוֹזֹת בַּיִתְּךָ וּבִשְׁעָרֶיךָ:</p> <p style="text-align: right;">Translation and transliteration by Herb Levy</p>
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<p>How can anyone be as great as the Whole! Whose holiness, praiseworthiness and wondrous actions equal everyone's?</p>	<p>Mi chamokah ba'elim Adonay. Mi chamokah nedor bakodesh, Nora tehilot osey feleh.</p>	<p>מִי כַמֹּכָה בְּאֱלִים יְהוָה מִי כַמֹּכָה נְאֻדָּר בְּקִדְּשׁוֹ, נוֹרָא תְהִילַת, עֲשֵׂה פְלֵא:</p> <p style="text-align: right;">Translation/transliteration by Herb Levy</p>
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עֲמִידָה Amidah

<p>Blessed are You, our God, God of our ancestors!</p>	<p>Barukh atah Yah Elohenu ay'lohay avotenu v'emoetaynu</p>	<p>בָּרוּךְ אַתָּה יְהוָה אֱלֹהֵינוּ אֱלֹהֵי אֲבוֹתֵינוּ וְאֲמוֹתֵינוּ</p>
<p>Blessed are You, the shield of Abraham and help of Sarah!</p>	<p>Barukh at Yah magane Avraham v'ehzraht Sarah.</p>	<p>בָּרוּךְ אַתָּה יְהוָה מָגֵן אֲבֹרָהּ וְעֲזַרְתָּ שָׂרָה:</p>
<p>Blessed are You who bestows life on all the living!</p>	<p>Barukh atah Yah m'khay'yay khol khai.</p>	<p>בָּרוּךְ אַתָּה יְהוָה מְחַיֶּה כָּל חַיִּי:</p>
<p>Blessed are You Ruler of the Earth who sanctifies Shabbat!</p>	<p>Barukh at Yah Malkah ol kol ha'arets m'kadashe ha'Shabbat.</p>	<p>בָּרוּךְ אַתָּה יְהוָה מְלִכָה עַל כָּל הָאָרֶץ מְקַדֵּשׁ הַשַּׁבָּת:</p>
<p>Blessed are You whose presence can be felt in Zion!</p>	<p>Barukh atah Yah ha'makhazeer sh'khee'na'to l'tsion</p>	<p>בָּרוּךְ אַתָּה יְהוָה הַמְּחַזֵּיר שְׁכִינְתּוֹ לְצִיּוֹן.</p>
<p>Blessed is the One whose Name is Goodness and to whom we give thanks!</p>	<p>Barukh at Yah ha'tov sheemkha ulkha na'eh l'hodot</p>	<p>בָּרוּךְ אַתָּה יְהוָה הַטּוֹב שְׁמֶךָ וְלָךְ נִאֵה לְהוֹדוֹת.</p>
<p>Blessed are You who makes peace.</p>	<p>Barukh atah Yah oseh shalom.</p>	<p>בָּרוּךְ אַתָּה יְהוָה עוֹשֵׂה הַשְּׁלוֹם.</p>

ה	All is perfect.
ו	You are loved.
ה	All is clear.
ו	I am holy. Zalman Schachter-Shalomi

Shining the heart's empathy upon the times I have tried too hard or given up too soon softens my chest and calms the fear whose tickle is always	present in the belly: that I won't make it won't do what I was sent to do, won't touch the truth. Help me know the constant heat	of that Great Star, which radiates even when I'm facing the other way, even when the night sky appears only empty, cold and distant. Diane Elliot
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Renewal

Life isn't only doing. Stillness, too, is life. And in that stillness my mind cluttered with busyness quiets, my heart racing to win rests, and I hear Your whispered truths. May the time soon come when I can listen without speaking, speak without scheming, act without prejudice.	May I learn to enter the Silence and there encounter the Ineffable. May I learn to live without labels and thus meet the Nameless. Let me establish peace throughout the world, letting justice and mercy shape all my deeds. May the time soon come when I and all the world sanctify Life with truth, drawing upon the Source of Peace to make peace in our own lives. Rami Shapiro
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Holy One empower us to descend into the depths of silence and from there awaken us into the fullness of our being. Spread over us the shelter of your peace and heal our divisions with your encouragement. Free us to realize our Divine Essence. Surround us with your protection.	Remove hostility from within and without and let us soar within your mystery. For you are a God who cares for us and frees us O Majestic, yet Gracious and Tender. Watch over our comings and goings directing them towards life and wholeness. Spread over us the sukkah of your shalom. Aryeh Hirschfield
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I want to sing the caress of You; go belly-deep in the wave of eyeing moon at night. I want to live my knowing even more and draw from waters deeper still than I have ever dared before.

I want to sing my diving deep and let my life be lived by You and let my talk be talked by You, be breathed by You.

I want to sing the touch of You; go knowing high on winds through the eyeing sky of day. I want to know my living even more and draw from heavens higher still than I have ever dared before.

I want to sing my soaring high and let my flight be flown by You and let my walk be walked by You; be breathed by You all the windwild days that You may grant my life on earth.

I pray, hope, dream that every breath and every though in every sense of the Word that You have given me fill my life, our lives, with health, feeling, knowledge and especially with peace, shalom and wholeness and a deepening awareness of our oneness with You Bless us Mother, Bless us Father all of us from the Place of deepest truth from the Place where You are One beyond gender and number Bless us that we may see where we ourselves are truly One in the light of your radiant face.

David Zaslow

 May God bless you and guard you.
 May God shine his faces upon you and grace you.
 May God lift up her faces to you and give you peace.

May you be filled with the Divine Flow and may its essence transform you so that you are protected from your habits of distortion
 May the fierce and loving light of God shine through all illusions of self, dissolving the walls that seem to keep out the miracle of grace.

May the face of God that is hidden in everything remove its mask and reveal the truth of inter-connectedness.
 And may the love that shines through the face-of-all-things give you peace.

Shefa Gold.

Y'va'reh'cha'chah Adonay v'yeesh'ma'reh'cha. (Kane yehi ratzone)
 Ya'are Adonay pahnov alechah vee'koo'neh'ka. (Kane yehi ratzone)
 Yeesah Adonay panov alechah v'yasame lechah shalom. (Kane yehi ratzone)



יְבָרְכֶךָ יי וְיִשְׁמְרֶכָּה.
 (כֵּן יְהִי רְצוֹן)
 יָאֵר יי פָּנָיו
 אֱלֹהֵי וַיַּחַנְּךָ.
 (כֵּן יְהִי רְצוֹן)
 יִשָּׂא יי פָּנָיו
 אֱלֹהֵי וַיִּשֶׂם לְךָ שְׁלוֹם.
 (כֵּן יְהִי רְצוֹן)

<p>May the one who creates harmony above make peace for us and for all Israel, and for all who dwell on earth. And say: Amen.</p>	<p>Oseh shalom bimromav hu ya'aseh shalomaleyenu ve'al kol Yisrael ve'al kol yoshvey tavale ve'imru amen.</p>	<p>עֲשֵׂה שְׁלוֹם בְּמִרְוּמָיו הוּא יַעֲשֶׂה שְׁלוֹם עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל, וְעַל כָּל יוֹשְׁבֵי תֵבֵל וְאָמְרוּ אָמֵן:</p>
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Torah Study

Teach me always to believe in my power to return to life, to hope and to You, my God, no matter what pains I have endured, no matter how far I have strayed from You. Give me the strength to resurrect my weary spirit. Revive me, God, and I will embrace life once more in joy, in passion, in peace.

When I am lost, help me, God, to find my way. When I am hurt, shelter me with your loving presence. When my faith falters, show me that You are near. When I cry out against You, accept my protest, God, as a prayer, too. As a call for You to rid this world of all pain and tragedy. Until that day, give me the will to rebuild my life in spite of my suffering, to choose life even in the face of death. Let me not die while I am still alive.

When the pain is intolerable, God, help me to bear it. When I feel lost and empty, teach me to see that I am not alone. Show me that You are with me. Help me to believe that there is a way out of this hell. If only I could see that my pain will end, then I think I could learn to live with this awful agony. Kindle within me the flame of hope, God, and I will carry on.

Teach me, God, to have eyes to see all that is false and destructive. Help me to stay far from the forces that can lead me astray. Remind me that I have the power to shatter the false gods that lead me far away from You. The false gods that tempt me with false promises. May I learn to choose wisely, even when in pain, to choose not the path of false comfort but the road that will lead me back to You.

When I am feeling self-pity, God, help me to see beyond myself. When I am feeling despair, restore me to hope. When I shut people out, help me to believe in the healing power of companionship. Remind me that I am not alone, that I am needed, that I am heard, and that You are with me, now and always.

My wounds may heal, God, but my scars may never fade. Help me to embrace them, not despise them. Teach me how to live with my broken pieces, how to tend to them, how to learn from them. Remind me that I possess the power to turn my curses into blessings, my shame into pride, my sadness into strength, my pain into compassion.

May I always remember that no matter how far I have fallen, no matter how bleak my life may seem, no matter how lost I feel, I can always begin again.

Naomi Levy

<p>Torah is a Tree of Life to those whose actions are rooted in harmony with the All. Its ways balance the small with the whole and restore peace. Remind us of the Preciousness of All. Renew us, as is the way of the Cycle of Life!</p>	<p>Atze khaim hee lah'mah'khash'zee'keem bah, v'tome'kheh'hah m'oo'shar. D'rah'kheh'hah. Dahr'khay'no'am v'khole n'tee'voe'teh'hah shalom. Hasheevanu Adonay alecha v'nahshoovah khadashe yamaynu k'kedem.</p>	<p>עץ חיים היא למחזיקים בה, ותמכיה מאשר: דרכיה דרכי נעם, וכל נתיבותיה שלום. השיבנו יי, אליך ונשובה חדש ימינו כקדם.</p> <p>Translation/transliteration by Herb Levy</p>
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<p>Aleynu leshabe'ah la'adon hakol Letet gedulah leytzer bereshit shenatan lanu torat emet vekhayey olam nata betohenu</p> <p>Va'anachnu korim, u'mishtakhavim, u'modim, lifnei melekh, malkhei ham'lakhim, hakadosh barukh Hu. She'hu noteh shamayim, ve'yoseid aretz, u' moshav yikaro bashamayim mi-ma'al, u'sh'kхинat u-zo be'gavhei me'romim. Hu Eloheinu, ein od.</p> <p>Emet malkeinu, efes zulato. Kakativ be'torato, ve'yadata hayom, ve'yadata hayom ve'hashevota Eil le'vavekha. Ki Adonai, Hu ha-Elohim, bashamayim mi-ma'al, ve'al ha'aretz, ve'al ha'aretz mi-takhat. Ein od. Ein od.</p> <p>V' nehehmar, v'hawyaw Adoenoy l'melek ol kole ha'ahretz. B'yome hahoo, b'yome hahoo, yee-heh-yeah Ahdoenoy ehkhad, oo'shmoe, oo'shmoe, oo'shmoe ehkhad.</p>	<p>עלינו לשבח לאדון הכל, לתת גדלה ליוצר בראשית, שנתן לנו תורת אמת וחיי עולם נטע בתוכנו; ונאנחנו כורעים ומשתחוים ומודים, לפני מלך, המלכים, הקדוש ברוך הוא. שהוא נוטה שמים ויסד ארץ, ומושב יקרו בשמים ממעל, ושכינת עזו בגבהי מרומים, הוא אלהינו אין עוד. אמת מלכנו אפס זולתו, כפתיב בתורתו: ונדעת היום והשבת אל לבבך, כי יי הוא האלהים בשמים ממעל ועל הארץ מתחת, אין עוד: ונאמר: והיה יי למלך על כל הארץ: ביום ההוא יהיה יי אחד ושמו אחד.</p>
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Kaddish

<p>The great essence will flower in our lives and expand throughout the world. May we learn to let it shine through so we can augment its glory. We praise, we continue to praise, and yet, whatever it is we praise is quite beyond the grasp of all these words & symbols that point us towards it. We know, and yet we do not know. May great peace pour forth from the heavens for us, for all Israel, for all who struggle toward truth. May that which makes harmony in the cosmos above, bring peace within and between us, and to all who dwell on this earth, and let us say, Amen.</p> <p style="text-align: right;">Burt Jacobson</p>	<p>Yitgadal v'yit'kadash shemay rabah. Be'alma divra chirutey veyamleech malchutey Bekhayaychone uvyomaycone uvkhahyay dekhole beyt yisrael Ba'agalah uvizman kariv ve'imru amen. Yehey shemey raba mevarak le-alam ulalmey almaya. Yitbarak veyishtabakh veyitpa'ar veyitromam veyitnasey veyit-hadar v'yeet'ah'leh veyithahlal shemey dekudsha bereek hu. Le'ela meekol birkhata veshirata tushbekhata venekhemata da- amiran be'alma ve'imru amen. Yehay sh'lamah rahbah meen sh'may'yah v'khaim aleynu v'al kal Yisrael ve'imru amen. Oseh shalom bimromav hu ya'aseh shalom aleynu ve'al kol Yisrael ve'al kol Yishmael ve'al kol yoshvey tavale ve'imru amen.</p>	<p>יִתְגַּדֵּל וְיִתְקַדֵּשׁ שְׁמֵהּ רַבָּא בְּעֵלְמָא דִּי בְרָא כְרַעוּתְהָ, וְיִמְלִיךְ מַלְכוּתְהָ בְּחַיִּיכוֹן וּבְיוֹמֵיכוֹן וּבְחַיֵּי דְכָל בֵּית יִשְׂרָאֵל. בְּעֵגְלָא וּבְזִמְן קָרִיב וְאִמְרוּ אָמֵן: יְהֵא שְׁמֵהּ רַבָּא מְבָרַךְ לְעָלַם וּלְעָלְמֵי עָלְמַיָּא: יְתַבְרַךְ וְיִשְׁתַּבַּח, וְיִתְפָּאֵר וְיִתְרוֹמֵם וְיִתְנַשֵּׂא וְיִתְהַדָּר וְיִתְעַלֶּה וְיִתְהַלָּל שְׁמֵהּ דְּקֻדְשָׁא בְּרִיךְ הוּא לְעֵלְא מְכָל בְּרַכְתָּא וְשִׁירְתָּא, תְּשַׁבְּחַתָּא וְנַחֲמַתָּא, דְּאִמְיָרָן בְּעֵלְמָא, וְאִמְרוּ אָמֵן: יְהֵא שְׁלָמָא רַבָּא מִן שְׁמַיָּא וְחַיִּים עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל, וְאִמְרוּ אָמֵן: עֲשֵׂה שְׁלוֹם בְּמִרוֹמָיו הוּא יַעֲשֵׂה שְׁלוֹם עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל, וְעַל כָּל יִשְׁמַאֵל וְעַל כָּל יוֹשְׁבֵי תַבֵּל וְאִמְרוּ אָמֵן:</p>
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<p>What a beautiful day. Good Shabbos!</p>	<p><i>Mah ya-feh ha-yom Shabbat shalom!</i></p>	<p>מָה יָפָה הַיּוֹם שַׁבָּת שְׁלוֹם</p>
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