

<p>To light lamps in all the worlds, this is Shabbat. To light Shabbat candles, this is the leap of a soul – pregnant with hidden secrets – into a magnificent sea</p>	<p>containing within it the mystery of the fiery sunset. As I light the candles, my room becomes the Milky Way – and on its jeweled slope, rests my heart. Zelda</p>
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<p>Blessed is Shekhinah Our Goddess Queen of All, whose nature we tap with the lighting of the Shabbat candles.</p>	<p>Barukha at Shekhinah Eloheynu malkah ha-olam, asher kidshanu b'mitzvoetov vitzivanu l'hadlik nare shel Shabbat.</p>	<p>בְּרוּכָה אַתְּ שְׁכִינָה אֱלֹהֵינוּ מַלְכָּה הָעוֹלָם, אֲנֹשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו וְצִוָּנוּ לְהַדְלִיק נֵר שֶׁל שַׁבָּת.</p>
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Welcoming the Angels

<p>Welcome peace messengers, Angels of Oneness, Majesty that is deep within, Holiness.</p> <p>Come in peace, Angels of Oneness, Majesty that is deep within, Holiness.</p> <p>Bless us with peace Angels of Oneness, Majesty that is deep within, Holiness.</p> <p>Leave us with peace, Angels of Oneness, Majesty that is deep within, Holiness.</p>	<p>Shalom aleychem malachay ha'sharate malachay elyone me'melech malchay hamlachim ha'kadoshe barukh hoo. Boe'ah'chem l'shalom malachay ha'shalom malachay elyone me'melech malchay hamlachim ila'ah barukha he. Barkhooni l'shalom malachay ha'shalom malachay elyone me'melech malchay hamlachim ha'kadoshe barukh hoo Sate'chem l'shalom malachay ha'shalom malachay elyone me'melech malchay hamlachim ila'ah barukha he.</p>	<p>שְׁלוֹם עֲלֵיכֶם, מַלְאָכֵי הַשָּׁרֵת, מַלְאָכֵי עֲלִיוֹן מִמְּלֶךְ מַלְכֵי הַמַּלְכִּים, הַקְּדוֹשׁ בְּרוּךְ הוּא:</p> <p>בּוֹאֲכֶם לְשָׁלוֹם, מַלְאָכֵי הַשָּׁלוֹם מַלְאָכֵי עֲלִיוֹן מִמְּלֶךְ מַלְכֵי הַמַּלְכִּים, עֲלֵאָה בְּרוּכָה הִיא:</p> <p>בְּרַכּוּנִי לְשָׁלוֹם מַלְאָכֵי הַשָּׁלוֹם מַלְאָכֵי עֲלִיוֹן מִמְּלֶךְ מַלְכֵי הַמַּלְכִּים, הַקְּדוֹשׁ בְּרוּךְ הוּא:</p> <p>צֵאתְכֶם לְשָׁלוֹם, מַלְאָכֵי הַשָּׁלוֹם מַלְאָכֵי עֲלִיוֹן מִמְּלֶךְ מַלְכֵי הַמַּלְכִּים, עֲלֵאָה בְּרוּכָה הִיא:</p> <p>Transliteration and translation by Herb Levy</p>
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A Hanukkah Prayer for a Time of Darkness

Creator of All,
In the beginning You made the night sky luminous
with the light of the moon and the stars and
You made the daytime bright with the light of the
sun and
Saw that it was good.

And You created human beings in Your own
image, with capacity
To distinguish dark from light, with capacity
To create holy sparks, see into the shadows and
Shine light where it is dark.
And You saw that it was very good.

Creator of All and Rock of Ages,
In the time of the Maccabees once more You
worked a miracle of light,
Permitting our ancestors to rededicate holy space.
And it lasted eight days and eight nights.
Creator of All and Rock of Ages,

In the dark of night, at the darkest time of year
We light candles in remembrance of the miracle,
One more each night until there are eight.

Creator of All and Rock of Ages,
Too many lights have been extinguished.
The world has grown too dark.
Creator of Light and Dark,
Teach us once more to see into the shadows,
To shed our light in all the dark corners and to
Create holy sparks for all humankind
So that once more we can say
It is very good.

Marla Baker

Come dear one to welcome the faces of Shabbat and bring Her into our Being.	<i>L'cha dodi likrat kalah penay shabbat n'kablach.</i>	לְכֵה דוּדֵי לְקִרְאֵת כְּלָה פְּנֵי שַׁבָּת נִקְבְּלָה:
Notice and remember that All are small pieces of Oneness. Yah is One and the Name of All Things is One, in name, in splendor and in praise.	<i>Shamore v'zachore b'dee'bor echad Hesh'me'ah'nu ale hahm'yoo'chad Yah echad ooshmo echad L'sham ool'teef'eh'retz ool'tee'hee'lah</i>	שְׁמֹר וְזָכוֹר בְּדַבּוֹר אֶחָד הַשְּׁמִיעֵנוּ אֵל הַמְיַחֵד יְהוָה אֶחָד וְשְׁמוֹ אֶחָד לְשֵׁם וּלְתַפְאֵרֶת וּלְתַהֲלָה
Come and hurry toward Shabbat! She's a blessed taste made holy when the Universe was given its order. The last thing made, unmakingness, the first step in internal connection to Eternity.	<i>Likrat Shabbat l'choo v'nale'cah Kee hee m'koor ha'b'ra'cha May'roshe mee'kedem n'soo'kah Sofe mah'ah'she b'mah'cha'sha'vah t'kee'lah</i>	לְקִרְאֵת שַׁבָּת לָכוּ וְנִלְכֵה כִּי הִיא מְקוֹר הַבְּרָכָה מֵרֵאשׁ מִקְדָּם נִסּוּכָה סוּף מַעֲשֵׂה בְּמַחְשָׁבָה תִּתְחַלֶּה:
Refresh yourself, arouse yourself Light has returned, come be enlightened Wake up, wake up, fill yourself with song Holiness shines from you all the time-Notice it now.	<i>Heet'oh'rah'ree Heet'oh'rah'ree Kee vah orake koomee ohree Ohree, ohree sheer da'bay'ree Kavode Yah ah'lie'yeeek neeg'lah</i>	הַתְּעוֹרְרֵי הַתְּעוֹרְרֵי כִּי בָּא אֲוֶרֶךְ קוֹמֵי אֲוֶרֶי עוֹרֵי עוֹרֵי שִׁיר דְּבִרֵי כְּבוֹד יְהוָה עָלֶיךָ נִגְלָה:
Come in peace, Keeper of the Divine Crown Also joy and mirth Amid the faithful, lovers of G!d Come my Shabbat bride, come my Shabbat bride!	<i>Bo'ee v'shalom ah'teh'ret bah'lah Gahm b'simcha oov'tsah'hah'lah Toke ehmooney ahm s'goo'lah Bo'ee kalah bo'ee kalah</i>	בּוֹאֵי בְּשָׁלוֹם עֵטְרֵת בְּעֵלָה גַּם בְּשִׂמְחָה וּבִצְהֵלָה תוֹךְ אֲמוּנֵי עִם סִגְלָה בּוֹאֵי כְּלָה בּוֹאֵי כְּלָה: Transliteration and translation by Herb Levy

Blessed is the Face of G!d, the faces of All.	<i>Barkhu et Yah ha'm'vorach</i>	בְּרַכּוּ אֶת יְהוָה הַמְּבֹרָךְ:
Blessed is the Holiness in All Things	<i>Barukh Yah ha'm'vorach l'olam va-ed!</i>	בְּרוּךְ יְהוָה הַמְּבֹרָךְ לְעוֹלָם וָעֶד: Translation and transliteration by Herb Levy

The Maariv or evening service represents the all night burning of the ashes of the daily offerings upon the altar. Let my kavanah be that the evening service is a time to offer up the ashes, the remnants, the leftovers of our day, and as it is now Shabbat, the leftovers of the previous week.

Siddur HaKohanot

A Chanukah Tefilah

<p>As we light the Chanukah candles, Dwell in their spark, Reflect in the defiance their light casts on the Dark And feel the Rededication/the Renewal of the Temple of our Soul.</p> <p>Each day we add another candle. Gradually we feel the Renaissance of Ruach. Observe the flame closely As it leaps heavenward With flashes of Power.</p>	<p>Build into the crescendo of eight candles, Candles that have burned for generations. The flame of our Ruach that can never be extinguished, Only strengthened as the fire clears away the debris, The pain of the past, Burnt clean like the forest fire That paves the way for the new forest.</p> <p style="text-align: right;">Herb Levy</p>
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<p>Look, Smell, Taste, Touch, Listen: All that you experience is G!d, the Wonder of Oneness!</p>	<p><i>Shema ha'kole adonay eloheynu adonay echad.</i></p>	<p>שְׁמַע הַכּוֹל יְהוָה אֱלֹהֵינוּ יְהוָה אֶחָד:</p>
<p>Blessed be every Name, which is God's name, the Majesty of Infinite Beingness!</p>	<p><i>Barukh shem kevod malchuto le'olam va'ed.</i></p>	<p>בְּרוּךְ שֵׁם כְּבוֹד מַלְכוּתוֹ לְעוֹלָם וָעֵד.</p>
<p>You fell in love with Yah, the Interbreathing of all things, with all your passion and with every fiber of your being. Let the <i>Shema</i> nest in your heart and sanctify you as a mirror of the Love between Yah and <i>Shekinah</i>, the intimate connection between the External and the Internal. Renew these vows by your every thought and action. Sometimes you will lose the Consciousness of the Connection of All Things. Symbols help as reminders of the Oneness of All.</p>	<p><i>Ve'ahavta et Adonay Elohecha bekole levecha uvechole nafshecha uvechole me'odecha. Vaha'yu hadevarim ha'eleh asher anochi metzavecha hayome al levahvehcha. Vishinamtam levanecha vedibarta bam beshivtecha beveytecha evelechtechta vahderek ooveshochbecha oovekumecha. Ookeshartam le'ot al yadecha vehayu letotafote beyn eynehcha ooketavtam al mezuzot beytecha oovisharecha</i></p>	<p>וְאַהֲבַתְּ אֶת יְהוָה אֱלֹהֶיךָ, בְּכָל-לִבְבְּךָ, וּבְכָל-נַפְשְׁךָ, וּבְכָל-מְאֹדְךָ. וְהָיוּ הַדְּבָרִים הָאֵלֶּה, אֲשֶׁר אֲנֹכִי מְצַוְךָ הַיּוֹם, עַל-לִבְבְּךָ: וְשָׁנַנְתָּם לְבִנְיָן, וְדַבַּרְתָּ בָּם בְּשִׁבְתְּךָ בְּבֵיתְךָ, וּבְלִכְתְּךָ בַּדֶּרֶךְ וּבְשֹׁכְבְּךָ, וּבְקוּמְךָ. וּקְשַׁרְתָּם לְאוֹת עַל-יָדְךָ, וְהָיוּ לְטֹטְפוֹת בֵּין עֵינֶיךָ, וּכְתַבְתָּם עַל מְזוֹת בֵּיתְךָ וּבְשַׁעְרֶיךָ:</p> <p style="text-align: right;">Translation and transliteration by Herb Levy</p>

How can anyone be as great as the Whole! Whose holiness, praiseworthiness and wondrous actions equal everyone's?	<i>Mi chamokah ba'elim Adonay. Mi chamokah nedor bakodesh, Nora tehilot osey feleh.</i>	<p>מִי כְמוֹכָה בְּאֱלִים יְהוָה מִי כְמוֹכָה נְאֻדָּר בְּקִדְּשׁ, נוֹרָא תְהִילֹת, עֲשֵׂה פְלֵא: Translation/transliteration by Herb Levy</p>
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עֲמִידָה Amidah

Blessed are You, our God, God of our ancestors!	Barukh atah Yah Elohenu ay'lohay avotenu v'emoetaynu	<p>בְּרוּךְ אַתָּה יְהוָה אֱלֹהֵינוּ אֱלֹהֵי אֲבוֹתֵינוּ וְאֲמוֹתֵינוּ</p>
Blessed are You, the shield of Abraham and help of Sarah!	Barukh at Yah magane Avraham v'ehzraht Sarah.	<p>בְּרוּךְ אַתָּה יְהוָה מָגֵן אֲבֹרָהּם וְעֲזָרַת שָׂרָה:</p>
Blessed are You who bestows life on all the living!	Barukh atah Yah m'khai'yay khol khai.	<p>בְּרוּךְ אַתָּה יְהוָה מְחַיֶּה כָּל חַיִּים:</p>
Blessed are You Ruler of the Earth who sanctifies Shabbat!	Barukh at Yah Malkah ol kol ha'aretz m'kadashe ha'Shabbat.	<p>בְּרוּךְ אַתָּה יְהוָה מְלַכָּה עַל כָּל הָאָרֶץ מְקַדְּשׁ הַשַּׁבָּת:</p>
Blessed are You whose presence can be felt in Zion!	Barukh atah Yah ha'makhazeer sh'khee'na'to l'tsion	<p>בְּרוּךְ אַתָּה יְהוָה הַמְּחַזֵּיר שְׂכִינְתּוֹ לְצִיּוֹן.</p>
Blessed is the One whose Name is Goodness and to whom we give thanks!	Barukh at Yah ha'tov sheemkha ulkhah na'eh l'hodot	<p>בְּרוּךְ אַתָּה יְהוָה הַטּוֹב שְׂמֵךְ וְלֵךְ נְאֻה לְהוֹדוֹת.</p>
Blessed are You who makes peace.	Barukh atah Yah oseh shalom.	<p>בְּרוּךְ אַתָּה יְהוָה עוֹשֵׂה הַשְּׁלוֹם.</p>

Seven Breath Meditation

Breathing in, I take breath into myself. Breathing out, I join the web of being. Breathing in, I rest in the present. Breathing out, I am part of past and future. Breathing in, I honor the shrine of my body. Breathing out, I honor the shrine of the cosmos. Breathing in, Presence fills me. Breathing out, Presence enfolds me.	Breathing in, I witness what is broken. Breathing out, I bow to what is perfect. Breathing in, I offer gratitude for what is. Breathing out, I accept that all changes. Breathing in, I pray for peace for myself. Breathing out, I pray for peace for all beings. <p align="right">From Siddur HaKohanot</p>
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Self Gives Thanks

The world wears light like a robe
 above the earth, the sky is spread like a canopy
 in the shadow of these wings
 we feast on the abundance of the trees
 and bathe in the coral fountains of the deep
 we see ourselves by all this radiance

Jill Hammer

Shining the heart's empathy upon the times I have tried too hard or given up too soon softens my chest and calms the fear whose tickle is always	present in the belly: that I won't make it won't do what I was sent to do, won't touch the truth. Help me know the constant heat	of that Great Star, which radiates even when I'm facing the other way, even when the night sky appears only empty, cold and distant. <p align="right">Diane Elliot</p>
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God's only desire is to reveal unity through diversity
 That is, to reveal that all of reality is unique
 In all of its levels and in all of its details,
 And nevertheless united in a fundamental oneness

Aharon HaLevi Horowitz

Lord make me an instrument of your peace Where there is hatred, let me sow love Where there is injury, pardon Where there is doubt, faith Where there is despair, hope Where there is darkness, light And where there is sadness, joy	O Divine Master, grant that I may not so much seek To be consoled as to console To be understood as to understand To be loved as to love For it is giving that we receive It is in pardoning that we are pardoned And it is in dying that we are born to eternal life. <p align="right">Francis of Assisi</p>
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<p>May the one who creates harmony above make peace for us and for all Israel, and for all who dwell on earth. And say: Amen.</p>	<p><i>Oseh shalom bimromav hu ya'aseh shalomaleyenu ve'al kol Yisrael ve'al kol yoshvey tavale ve'imru amen.</i></p>	<p>עֲשֵׂה שָׁלוֹם בְּמִרוֹמָיו הוא יַעֲשֵׂה שָׁלוֹם עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל, וְעַל כָּל יוֹשְׁבֵי תֵבֵל וְאָמְרוּ אָמֵן:</p>
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<p>Aleynu leshabe'ah la'adon hakol Letet gedulah leyotzer bereshit shenatan lanu torat emet vekhayey olam nata betohenu</p> <p>Va'anachnu korim, u'mishtachavim, u'modim, lifnei melekh, malkhei ham'lakhim, hakadosh barukh Hu. She'hu noteh shamayim, ve'yoseid aretz, u' moshav yikaro bashamayim mi-ma'al, u'sh'khinat u-zo u'sh'khinat u- zo be'gavhei me'romim. Hu Eloheinu, ein od.</p> <p>Emet malkeinu, efes zulato. Kakatur be'torato, ve'yadata hayom, ve'yadata hayom ve'yadata hayom ve'hashevota Eil le'vavekha. Ki Adonai, Hu ha-Elohim, bashamayim mi-ma'al, ve'al ha'aretz, ve'al ha'aretz mi- takhat. Ein od. Ein od.</p> <p>V' neheymar, v'hawyaw Adoenoy l'melek ol kole ha'ahretz. B'yome hahoo, b'yome hahoo, yee-heh-yeah Ahdoenoy ehkhad, oo'shmoe, oo'shmoe, oo'shmoe ehkhad.</p>	<p>עָלֵינוּ לְשַׁבַּח לְאֲדוֹן הַכֹּל, לְתֵת גְּדֻלָּה לְיוֹצֵר בְּרֵאשִׁית, שָׁנַתָּנוּ לָנוּ תוֹרַת אֱמֶת וְחַיֵּי עוֹלָם נָטַע בְּתוֹכֵנוּ; וְאֶנְחָנוּ כְּזֵרַע וּמִשְׁתַּחֲוִים וּמוֹדִים, לְפָנָיו מֶלֶךְ, מַלְכֵי הַמַּלְאָכִים, הַקְּדוֹשׁ בְּרוּךְ הוּא. שֶׁהוּא נוֹטֵה שָׁמַיִם וְיִסַּד אֶרֶץ, וּמוֹשָׁב יִקְרוּ בְּשָׁמַיִם מִמַּעַל, וְשִׁכְנֵת עָזוֹ בְּגַבְהֵי מְרוֹמִים, הוּא אֱלֹהֵינוּ אֵין עוֹד. אֱמֶת מְלַכְנוּ אֶפֶס זֹלָתוֹ, כְּכַתוּב בְּתוֹרָתוֹ: וַיַּדְעַת הַיּוֹם וְהִשְׁבַּת אֶל לְבַבָּךְ, כִּי יְיָ הוּא הָאֱלֹהִים בְּשָׁמַיִם מִמַּעַל וְעַל הָאָרֶץ מִתַּחַת, אֵין עוֹד: וְנֹאמַר: וְהָיָה יְיָ לְמֶלֶךְ עַל כָּל הָאָרֶץ: בַּיּוֹם הַהוּא יְהִיָּה יְיָ אֶחָד וְשֵׁמוֹ אֶחָד.</p>
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Funeral Blues

<p>Stop all the clocks, cut off the telephone, Prevent the dog from barking with a juicy bone, Silence the pianos and with muffled drum Bring out the coffin, let the mourners come.</p> <p>Let aeroplanes circle moaning overhead Scribbling on the sky the message 'He is Dead'. Put crepe bows round the white necks of the public doves, Let the traffic policemen wear black cotton gloves.</p>	<p>He was my North, my South, my East and West, My working week and my Sunday rest, My noon, my midnight, my talk, my song; I thought that love would last forever: I was wrong.</p> <p>The stars are not wanted now; put out every one, Pack up the moon and dismantle the sun, Pour away the ocean and sweep up the wood; For nothing now can ever come to any good.</p> <p style="text-align: right;">WH Auden</p>
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Kaddish

<p>The great essence will flower in our lives and expand throughout the world. May we learn to let it shine through so we can augment its glory. We praise, we continue to praise, and yet, whatever it is we praise is quite beyond the grasp of all these words & symbols that point us towards it. We know, and yet we do not know. May great peace pour forth from the heavens for us, for all Israel, for all who struggle toward truth. May that which makes harmony in the cosmos above, bring peace within and between us, and to all who dwell on this earth, and let us say, Amen.</p> <p style="text-align: right;">Burt Jacobson</p>	<p>Yitgadal v'yit'kadash shemay rabah. Be'alma divra chirutey veyamleech malchutey Bekhayaychone uvyomaycone uvkhaheyay dekhole beyt yisrael Ba'agalah uvizman kariv ve'imru amen. Yehey shemey raba mevarak le-alam ulalmey almaya. Yitbarak veyishtabakh veyitpa'ar veyitromam veyitnasey veyit-hadar v'yeet'ah'leh veyithahlal shemey dekudsha bereek hu. Le'ela meekol birkhata veshirata tushbekhata venekhemata da- amiran be'alma ve'imru amen. Yehay sh'lamah rahbah meen sh'may'yah v'khaim aleynu v'al kal Yisrael ve'imru amen. Oseh shalom bimromav hu ya'aseh shalom aleynu ve'al kol Yisrael ve'al kol Yishmael ve'al kol yoshvey tavale ve'imru amen.</p>	<p>יִתְגַּדֵּל וְיִתְקַדֵּשׁ שְׁמֵהּ רַבָּא בְּעֵלְמָא דִּי בְּרָא כְרַעוּתָהּ, וְיִמְלִיךְ מַלְכוּתָהּ בְּחַיִּיכוֹן וּבְיוֹמֵיכוֹן וּבְחַיֵּי דְכָל בֵּית יִשְׂרָאֵל. בְּעֵגְלָא וּבְזִמְן קָרִיב וְאִמְרוּ אָמֵן: יְהֵא שְׁמֵהּ רַבָּא מְבָרַךְ לְעָלַם וּלְעֵלְמֵי עֵלְמַיָּא: יְתַבְרַךְ וְיִשְׁתַּבַּח, וְיִתְפָּאֵר וְיִתְרוֹמֵם וְיִתְנַשֵּׂא וְיִתְהַדָּר וְיִתְעַלֶּה וְיִתְהַלָּל שְׁמֵהּ דְקַדְשָׁא בְרִיךְ הוּא לְעֵלָא מְכַל בְּרַכְתָּא וְשִׁירְתָּא, תְּשַׁבְּחַתָּא וְנַחֲמַתָּא, דְאִמְרוּ בְּעֵלְמָא, וְאִמְרוּ אָמֵן: יְהֵא שְׁלָמָא רַבָּא מִן שְׁמַיָּא וְחַיִּים עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל, וְאִמְרוּ אָמֵן: עֲשֵׂה שְׁלוֹם בְּמִרוֹמָיו הוּא יַעֲשֵׂה שְׁלוֹם עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל, וְעַל כָּל יִשְׁמַאֵל וְעַל כָּל יוֹשְׁבֵי תַבַּל וְאִמְרוּ אָמֵן:</p>
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<p>What a beautiful day. Good Shabbos!</p>	<p><i>Mah ya-feh ha-yom Shabbat shalom!</i></p>	<p>מָה יָפָה הַיּוֹם שַׁבָּת שְׁלוֹם</p>
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