

# Welcome to Kol Ami's Shabbat Inclusion Service

February 6, 2021  
10:00 AM



## Featuring Nick May

With special guest Jessica Tischler,  
Special Needs and Inclusion Director  
at the Pozez JCC of Northern Virginia

...and more!



# Program Order

## Quarantine Niggun

Welcome

## Raise Your Voice

Morning Blessings - **So Many Things**

**Never Alone** - p. 165

Barchu - p. 247

Ahavat Olam - p. 61

Shema/Vahavta - p. 277

Nick

Toni

Nick

Nick

Nick

Mike

Cameron

Ruth Anne

## Who Is Like You

Amidah - pp. 295 & 297

G'vurot section - p. 298

Kedushat HaShem - p. 303

Silent prayer

"Let All of Life Acknowledge You"

- bottom p. 316

Nick

Jane P.

Rayna

Jane P.

All

Rayna

## Sim Shalom

Introduction of this Week's Torah

Portion, Yitro

Nick

Richard

## God's in Me

Nick's Story

**Be Heard**

Nick

Nick



# Program Order

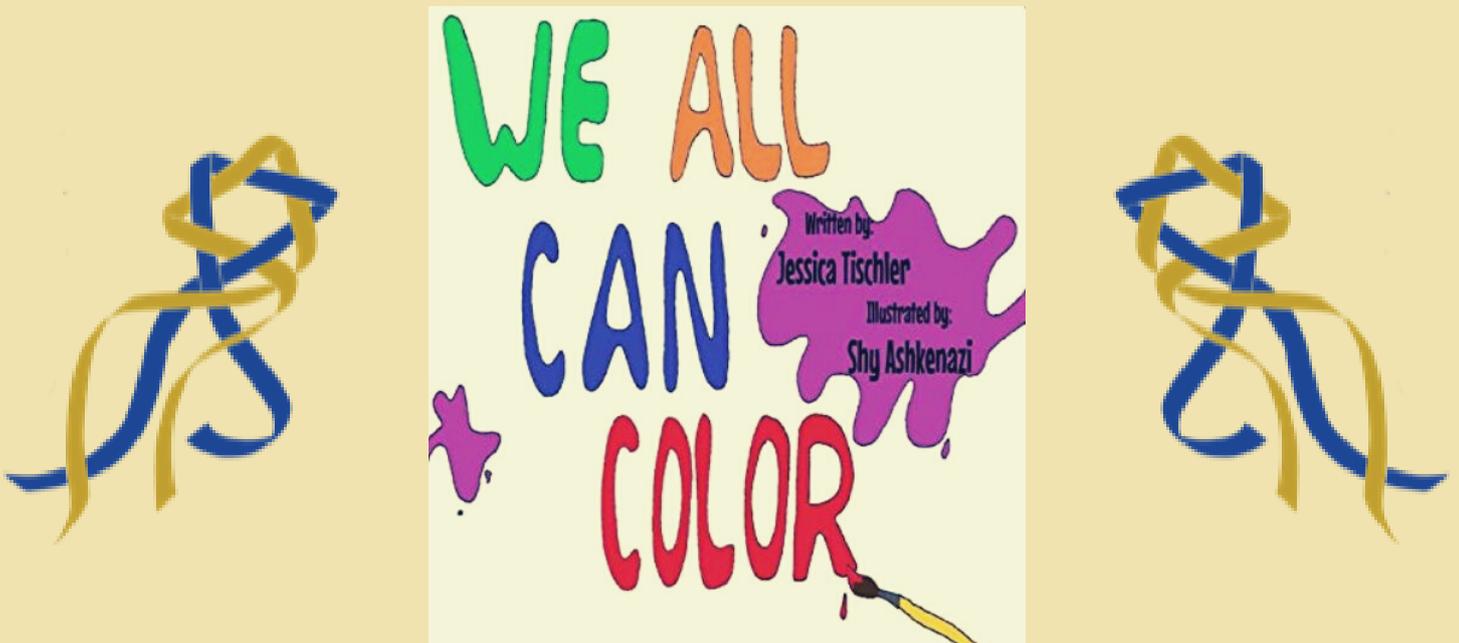
**We All Can Color** - story and activity  
“When Fears Multiply” – bottom p. 83  
Mi Sheberah and Healing List

Jessica  
Toni  
Jim  
Debbie  
Toni

Aleinu - pp. 445, 447, 449  
Mourner's Kaddish - p. 451  
Announcements  
Children share what they drew/colored  
Don't Laugh at Me

Louise  
Joan  
Jane S.  
Toni  
Jason  
Kol Amites

**SHABBAT SHALOM!  
THANK YOU FOR COMING TODAY.**



# Inclusion Service Poems and Songs

## Raise Your Voice © Nick May Music (BMI)

Raise your voice, let us raise our voice X2  
Hava, hava nashira shir Halleluyah X2  
When we sing all together G-d is there In every beat, every rhythm, every  
harmony  
G-d is there.

## So Many Things © Nick May Music (BMI)

### Chorus

We have so many things to be thankful for  
So many things to say  
We have so many things to be grateful for  
And this is why we pray

### Verse 1

Our family, our friends,  
Your eternal love  
Are some of the gifts You share  
And through these gifts, You're showing us  
How much You truly care

### Verse 2

No matter what mistakes that we may make  
You always find a way to forgive  
No matter what we do, we do it all for You  
You teach us how to live

### Bridge

Shema koleinu Adonai Eloheinu  
Please hear our voice Adonai  
Baruch Atah Adonai  
Shomei'ah t'filah



# Inclusion Service Poems and Songs

## Never Alone – A Poem by Olivia Lang

An accident on the way to ballet  
Led to a hospital room.  
Doctor's news filled it with gloom.  
Everything changed.  
And it all had to do with my brain.

Diagnosed with a brain injury  
At age three.  
Didn't know anyone like me.  
Lost some friends  
I didn't understand  
Thought I was all alone.

At thirteen, I met someone like me.  
And I finally understood  
No one's ever really alone  
Because we all have a story to be told.  
Even though you can't go back  
And change the past  
Moments of sadness won't always last.

I believe we should all help out.  
Lend our hand and reach out.  
No one should ever feel alone  
There is always someone who understands  
And you never know if they'll be your new best friend.



# Inclusion Service Poems and Songs

## Who is Like You? © Nick May Music (BMI)

### Verse 1

Who darkened the sky?  
Who parted the sea?  
Who took us out of slavery?  
Who is like You?  
Who made you? Who made me?  
Who gave us all our deficiencies?  
Who is like You?

### Pre-Chorus

It doesn't take a stroke of luck  
For one of us to find Your love  
It's all around us, you see  
Even in the air we breathe

### Chorus

Mi chamocho ba'elim Adonai?  
Mi kamocho cedar bakodesh?  
Nora tehilot oases fele X2

### Verse 2

Shirah chadashah shib'chu g'ulim  
L'shimcha al tsfat hayam  
Yachad kulam hodu

V'himlichu v'am'ru  
Adonai yimloch  
L'olam va'ed

## Sim Shalom © Nick May Music (BMI)

### Chorus

Sim shalom tova uv'racha  
Chein va'chesed v'rachamim  
Aleinu v'al kol Yisrael  
Amecha

### Verse 1

Shine your light  
Let it be good in your eyes  
Blessed are You, O G-d  
Who gives the gift of peace

### Verse 2

Now's the time  
To make peace in our lives  
Blessed are all of us  
Who will take this chance for peace



# Inclusion Service Poems and Songs

## **G-d's in Me © 2017, Dan Nichols**

I believe that G-d's in me  
The sun's in the color, the fragrance of a flower  
The light in my darkness  
The voice in my silence

## **Be Heard © Nick May Music (BMI)**

### **Verse 1**

Each one of us, has our own unique voice  
But some of us, don't have another choice  
They stay inside, never to be heard  
They're cut off from the world

### **Chorus**

This is a message, to all those out there  
Throw your voice out there to the world  
This is a message to all those out there  
Throw your voice out to be heard

### **Verse 2**

I know it's tough, to feel like you're alone  
And you know it's rough, to feel like you've got no one  
We're all around, we're all in this together  
So stand up and be heard

### **Bridge**

Listen up 'cause you've got to know  
This is who you are  
Once you make your voice known  
You will go far



# Inclusion Service Poems and Songs

Don't Laugh at Me © Allen Shamblin and Steve Seskin (ASCAP)

## Verse 1

I'm a little boy with glasses  
The one they call the geek  
A little girl who never smiles  
'Cause I've got braces on my teeth  
And I know how it feels  
To cry myself to sleep.

## Verse 2

I'm that kid on every playground  
Who's always chosen last  
A single teenage mother  
Tryin' to overcome my past  
You don't have to be my friend  
Is it too much to ask?

## Chorus

Don't laugh at me, don't call me  
names  
Don't get your pleasure from  
my pain  
In God's eyes we're all the same  
Someday we'll all have  
perfect wings  
Don't laugh at me.

## Verse 3

I'm the cripple on the corner  
You pass me on the street  
I wouldn't be out here beggin'  
If I had enough to eat  
And don't think that I don't notice  
That our eyes never meet.

## Chorus

Don't laugh at me, don't call me names  
Don't get your pleasure from my pain  
In God's eyes we're all the same  
Someday we'll all have perfect wings  
Don't laugh at me.

## Bridge

I'm fat, I'm thin, I'm short, I'm tall  
I'm deaf, I'm blind, hey aren't we all?

## Chorus

Don't laugh at me, don't call me names  
Don't get your pleasure from my pain  
In God's eyes we're all the same  
Someday we'll all have perfect wings  
Don't laugh at me.

