

This Little Light of Mine

<p>The light that shines is the light of love Lights the darkness from above It shines on me, and it shines on you Shows what the power of love can do I'm gonna shine my light both far and near I'm gonna shine my light both bright and clear If there's a dark corner in this land I'm gonna let my little light shine.</p> <p>Chorus: This little light of mine I'm gonna let it shine (3x) Let it shine, all the time, let it shine</p>	<p>Some say it's dark and we cannot see But love the lights the world for you and me Some say turn around and just go hide But we have the power to change the tide Some call life a sad old story But we see a world that's bound for glory The real power is yours and mine So let your little light shine!</p> <p style="text-align: right;">Traditional</p> <p>Verses by Pete Seeger, Guy Carawan, Frank Hamilton, Joe Glazer and others</p>
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<p>How beautiful is your temporariness <i>Ya'akov</i>, And the places where Eternity dwells within you, <i>Yisrael!</i></p>	<p><i>Ma toe-vu o'ha lecha Ya'akov mishk'notehchah Yisrael.</i></p>	<p>מה טובו אלהיך יַעֲקֹב, מִשְׁכְּנוֹתֶיךָ יִשְׂרָאֵל.</p> <p style="text-align: right;">Translation and transliteration by Herb Levy</p>
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<p>Blessed is the One who removes sleep from my eyes and slumber from my eyelids.</p>	<p>Barukh atah Adonay Elohenu khay ha'olamim Ha'mah'ahveer shayni may'ay'ni ut'numan may'ah'pahpie.</p>	<p>בְּרוּךְ אַתָּה יְהוָה אֱלֹהֵינוּ חַי הָעוֹלָמִים הַמַּעֲבִיר שְׁנָה מֵעֵינַי וְתַנּוּמָה מֵעַפְעָפַי:</p>
<p>Blessed is the One who removes our blindnesses.</p>	<p>Barukh atah Adonay Elohenu khay ha'olamim po'kay'akh eevreem.</p>	<p>בְּרוּךְ אַתָּה יְהוָה אֱלֹהֵינוּ חַי הָעוֹלָמִים פּוֹקֵחַ עֵוְרִים:</p>
<p>Blessed is the One who frees the enslaved.</p>	<p>Barukh atah Adonay Elohenu khay ha'olamim mah'tear ah'soo'reem.</p>	<p>בְּרוּךְ אַתָּה יְהוָה אֱלֹהֵינוּ חַי הָעוֹלָמִים מַתִּיר אֲסוּרִים:</p>
<p>Blessed are you, THE IMAGELESS, who made me in your image.</p>	<p>Barukh atah Adonay Elohenu khay ha'olamim sheh'ah'sa'nee b'tsalmo.</p>	<p>בְּרוּךְ אַתָּה יְהוָה אֱלֹהֵינוּ חַי הָעוֹלָמִים שׁוֹעֲשֵׂנִי בְּצַלְמוֹ:</p>
<p>Blessed is the One who made us free.</p>	<p>Barukh atah Adonay Elohenu khay ha'olamim sheh'ah'sanu b'nai khoreen.</p>	<p>בְּרוּךְ אַתָּה יְהוָה אֱלֹהֵינוּ חַי הָעוֹלָמִים שׁוֹעֲשֵׂנוּ בְּנֵי חוֹרֵין:</p>
<p>Blessed is the One who gives us strength.</p>	<p>Barukh atah Adonay Elohenu khay ha'olamim hanotane l'yah'afe co'akh.</p>	<p>בְּרוּךְ אַתָּה יְהוָה אֱלֹהֵינוּ חַי הָעוֹלָמִים הַנוֹתֵן לַיַּעַף כֹּחַ:</p>

Your Life Now

<p>What if you knew every breath was blessing, pure and simple gift that comes to you unbidden, unsought, comes to you freely with no requirement other than this: you receive and return it, transformed through the crucible you are?</p>	<p>What if, holy container, necessary cauldron, you walked or moved in any way you can move through your hours with this knowledge of the gift embedded in the marrow of your bones, circling through every rotation, every turn you still can make?</p> <p>How would you greet your neighbors then, knowing what you know of receiving? Who would you see when they pass through your opened doors?</p> <p style="text-align: right;">Susan Windle</p>
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<p>G!d, the soul you have given me is pure.</p>	<p>Elohi neshamah sheh'nah'tah'tah bee t'horah hee.</p>	<p>אֱלֹהִי, נְשָׁמָה שֶׁנָּתַתָּ בִּי טְהוֹרָה הִיא.</p>
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<p>I lift my eyes up to the hills. From where does my help come? My help is from the The Unseen One, the maker of the heavens and the Earth.</p>	<p><i>Esa eynay el heharim me'ayin yavo ezri Ezri ma'im adoni oseh shamayim va'aretz</i></p>	<p>אָשָׂא עֵינַי אֶל הַהָרִים מֵאֵין יָבֵא עֲזָרִי עֲזָרִי מֵעַם יְהוָה עֲשֵׂה שָׁמַיִם וָאָרֶץ</p>
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<p>Hallelu/Yah! Call out to Yah in Heaven's holy place! Boom out to Yah across the firmament! Shout out for Yah, for all God's mighty deeds! Cry out for Yah, as loud as God is great! Blast out for Yah with piercing shofar note! Pluck out for Yah with lute and violin! Throb out for Yah with drum and writhing dance! Sing out for Yah with strings and husky flute! Ring out for Yah with cymbals that resound! Clang out for Yah with cymbals that rebound! Let every living thing Yah's praises sing, Hallelu/Yah! Let every living thing Yah's praises sing, Hallelu/Yah!</p>	<p><i>Halleluyah halelu el bekodsho. Halleluhu beerkey'ah oozoe Halleluhu beeg'voo'roe'tov Halleluhu k'rove goud'loe Halleluhu betay'kah shofar Halleluhu b'nayvale v'khee'noor Halleluhu b'tofe oo'mah'khole Halleluhu b'mean'neem v'oo'gahv Halleluhu b'tseal'tsah'lay shah'mah Halleluhu b'tseal'tsah'lay t'roo'ah Kole ha'neshamah t'hallel yah Halleluyah. Kole ha'neshamah t'hallel yah Halleluyah.</i></p>	<p>הַלְלוּיָהּ, הַלְלוּ אֵל בְּקֹדֶשׁוֹ, הַלְלוּהוּ בְּרִקְיעַ עֵזוֹ הַלְלוּהוּ בְּגִבּוֹרֹתָיו, הַלְלוּהוּ כְּרַב גְּדָלוֹ: הַלְלוּהוּ בְּתִקְעַ שׁוֹפָר, הַלְלוּהוּ בְּנִבְל וְכִנּוֹר: הַלְלוּהוּ בְּתֹף וּמַחּוֹל, הַלְלוּהוּ בְּמִנִּים וְעִגְבֵּ: הַלְלוּהוּ בְּצִלְצְלֵי שְׁמַע, הַלְלוּהוּ בְּצִלְצְלֵי תְרוּעָה: כָּל הַנְּשָׁמָה תִהְיֶה יְהוָה הַלְלוּיָהּ. כָּל הַנְּשָׁמָה תִהְיֶה יְהוָה הַלְלוּיָהּ.</p>
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<p>All that breathes blesses the Name, the sound of breath.</p>	<p>Nish'mat kol khai t'va'rekh et shimkha Adonai Elohenu</p>	<p>נִשְׁמַת כָּל חַי תִּבְרַךְ אֶת שִׁמְךָ יְהוָה אֱלֹהֵנוּ Translation and transliteration by Herb Levy</p>
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<p>And were our mouths oceans of song!</p>	<p>l'lu'lu (16) l'lu'lu l'lu'lu Mah'lay'lay shirah ka'yam</p>	<p>אֵלוּ פִינוּ מַלְא שִׁירָה בָּיָם</p>
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<p>Forever dwelling in the heights, forever holy is God's name! And it is written: "Sing joyously, you fervent ones, about THE FOUNT OF LIFE, for, from the upright, praise is fitting!"</p> <p>By the mouths of all the upright you are raised! And in the words of all the just ones you are blessed! And on the tongues of all the fervent you are sanctified! And in the midst of all the saintly, you are praised!</p>	<p><i>Shokhane odd mahrome v'kadoshe sh'moe. V'khatoov, rah'n'nu tsah'dee'keem b'Adonay lah'shah'reem nah'vah t'heelah. B'fee y'shah'reem teet'roe'mom, oove'deev'ray tsah'dee'keem teet'bah'roch, oo'veel'shone khasidim teet'kah'dosh, oove'keh'rehv k'dosheem teet'hah'lahl.</i></p>	<p>שׁוֹכֵן עַד, מְרוֹם וְקָדוֹשׁ שְׁמוֹ: וְכַתּוּב, רַנְנוּ צְדִיקִים בֵּיהוָה, לְיִשְׂרָאֵל נְאֻה תְהִלָּה. בְּפִי יִשְׂרָאֵל תִּתְרוֹמֵם, וּבִדְבָרֵי צְדִיקִים תִּתְבָּרַךְ, וּבְלִשׁוֹן חֲסִידִים תִּתְקַדֵּשׁ, וּבִקְרֹב קְדוּשִׁים תִּתְהַלַּל.</p>
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Wade in the Water

<p>Chorus: Wade in the water Wade in the water, children Wade in the water God's gonna trouble the water</p> <p>Who are the children all dressed in red? God's gonna trouble the water they must be the ones that Moses led God's gonna trouble the water</p>	<p>Who are the children all dressed in white? God's gonna trouble the water must be the ones gettin' ready to fly! God's gonna trouble the water</p> <p style="text-align: right;">Traditional</p>
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<p>Blessed is the Face of G!d the faces of All.</p>	<p>Barchu et Yah ha'm'vorach</p>	<p>בְּרַכּוּ אֶת יְהוָה הַמְּבֹרָךְ:</p>
<p>Blessed Holiness in All Things</p>	<p>Baruch Yah ha'm'vorach l'olam va-ed!</p>	<p>בְּרוּךְ יְהוָה הַמְּבֹרָךְ לְעוֹלָם וָעֶד □ Translation and transliteration by Herb Levy</p>

<p>There's no elsewhen, no before, no after. All whenever is, is Ehyeh now.</p> <p>There's no elsewhere, no light years far away, no micro quanta we'll never experience. All wherever is, is Shekinah here.</p>	<p>There's no elsewho, no other, no bashert we'll meet. All whoever is, is the One that is.</p> <p>There's no elsewhat, no thingness, no separate energy, mass or dark matter. All whatever is, is Havaya.</p> <p style="text-align: right;">Herb Levy</p>
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With an abounding love, you love us	Ahavah rabah ahavtanu	אַהֲבָה רַבָּה אַהֲבַתְנִוּוּ
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Look, Smell, Taste, Touch, Listen: All that you experience is G'd, the Wonder of Oneness!	Shema ha'kole adonay eloheyenu adonay echad.	שְׁמַע יִשְׂרָאֵל יְהוָה אֱלֹהֵינוּ יְהוָה אֶחָד:
Blessed be every Name, which is God's name, the Majesty of Infinite Beingness!	<i>Baruch shem kevod malchuto le'olam va'ed.</i>	בְּרוּךְ שֵׁם כְּבוֹד מַלְכוּתוֹ לְעוֹלָם וָעֵד.

<p>You fell in love with Yah, the Interbreathing of all things, with all your passion and with every fiber of your being. Let the <i>Shema</i> nest in your heart and sanctify you as a mirror of the Love between Yah and <i>Shekinah</i>, the intimate connection between the External and the Internal. Renew these vows by your every thought and action. Sometimes you will lose the Consciousness of the Connection of All Things. Symbols help as reminders of the Oneness of All.</p>	<p>Ve'ahavta et Adonay Elohecha bekole levecha uvechole nafshecha uvechole me'odecha. Vaha'yu hadevarim ha'eleh asher anochi metzavecha hayome al levahvehcha. Vishinamtam levanecha vedibarta bam beshivtecha beveytecha evelechtechta vahderek ooveshochbecha oovekumecha. Ookeshartam le'ot al yadecha vehayu letotafote beyn eynehcha ooketavtam al mezuzot beytecha oovisharecha</p>	<p>וְאַהֲבַתְּ אֶת יְהוָה אֱלֹהֶיךָ, בְּכָל-לִבְבְּךָ, וּבְכָל-נַפְשֶׁךָ, וּבְכָל-מְאֹדֶךָ. וְהָיוּ הַדְּבָרִים הָאֵלֶּה, אֲשֶׁר אֲנֹכִי מְצַוֶּךָ הַיּוֹם, עַל-לִבְבְּךָ: וְשִׁנַּנְתָּם לְבִינְיָה, וְדַבַּרְתָּ בָּם בְּשִׁבְתְּךָ בְּבֵיתְךָ, וּבְלִכְתְּךָ בַּדֶּרֶךְ וּבְשֹׁכְבְּךָ, וּבְקוּמְךָ. וּקְשַׁרְתָּם לְאוֹת עַל-יָדְךָ, וְהָיוּ לְטֹטְפוֹת בֵּין עֵינֶיךָ, וְכִתְבָתָּם עַל מְזוֹזֹת בֵּיתְךָ וּבְשַׁעֲרֶיךָ:</p> <p style="text-align: right;">Translation and transliteration by Herb Levy</p>
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<p>How can anyone be as great as the Whole! Whose holiness, praiseworthiness and wondrous actions equal everyone's?</p>	<p>Mi chamokah ba'elim Adonay. Mi chamokah nedor bakodesh, Nora tehilot osey feleh.</p>	<p>מִי כְמוֹכָה בְּאֵלִים יְהוָה מִי כְמוֹכָה נְאֻדָּר בְּקִדְּשׁ, נוֹרָא תְהִילַת, עֲשֵׂה פְּלֵא:</p> <p style="text-align: right;">Translation/transliteration by Herb Levy</p>
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Better Angels

<p>Here we stand in the middle of a great divide It's time to deliver, but we're taking sides And those who might lead us home have too much to hide So the world is on fire again!</p> <p>There was a man who once told us of a way we could be In a time of great sorrow when hatred ran free If our better angels could guide us, said he Just think of what good might be done?</p> <p>Chorus 1: If we stand up, we'll get through the night We'll find some answers, we'll make it right Well, justice will flow down, freedom will ring Think of the good it will bring When we let our angels sing.</p> <p>There are voices that cry out from deep in the soul They've been there forever, they never grow old They're hopeful and quiet, but we'll never hear them speak When we're shattered by fear.</p>	<p>So we stand in the middle and what will we say? Let's start with compassion then keep it in play Thin it all over and we'll find a way To do what we know must be done</p> <p>Chorus 2: We go to stand up to get through the night We'll find some answers, we'll make it right Justice will flow down, freedom will ring Think of the good it will bring When we let our angels sing.</p> <p>Now we can spend our time jes'fussin' 'bout the politics Keep our heads in the sand We don't see the signs but the future's on the line We got to work as fast as we can!</p> <p style="text-align: right;">© Reggie Harris</p>
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עֲמִידָה Amidah

Blessed are You, our God, God of our ancestors!	Barukh atah Yah Elohenu ay'lohay avotenu v'emoetaynu	בְּרוּךְ אַתָּה יְהוָה אֱלֹהֵינוּ אֱלֹהֵי אֲבוֹתֵינוּ וְאִמּוֹתֵינוּ
Blessed are You, the shield of Abraham and help of Sarah!	Barukh at Yah magane Avraham v'ehzraht Sarah.	בְּרוּךְ אַתָּה יְהוָה מָגֵן אֲבֹרָהִם וְעֲזָרַת שָׂרָה:
Blessed are You who bestows life on all the living!	Barukh atah Yah m'khai'yay khol khai.	בְּרוּךְ אַתָּה יְהוָה מְחַיֶּה כָּל חַיִּי:
Blessed are You Ruler of the Earth who sanctifies Shabbat!	Barukh at Yah Malkah ol kol ha'aretz m'kadashe ha'Shabbat.	בְּרוּךְ אַתָּה יְהוָה מְלֶכֶה עַל כָּל הָאָרֶץ מְקַדֵּשׁ הַשַּׁבָּת:
Blessed are You whose presence can be felt in Zion!	Barukh atah Yah ha'makhazeer sh'khee'na'to l'tsion	בְּרוּךְ אַתָּה יְהוָה הַמְּחַזֵּיר שְׂכִינָתוֹ לְצִיּוֹן.
Blessed is the One whose Name is Goodness and to whom we give thanks!	Barukh at Yah ha'tov sheemkha ulkhah na'eh l'hodot	בְּרוּךְ אַתָּה יְהוָה הַטּוֹב שְׁמֶךָ וְלֹךְ נְאֻה לְהוֹדוֹת.
Blessed are You who makes peace.	Barukh atah Yah oseh shalom.	בְּרוּךְ אַתָּה יְהוָה עוֹשֵׂה הַשְּׁלוֹם.

ה	All is perfect.
ו	You are loved.
ה	All is clear.
ו	I am holy. Zalman Schachter-Shalomi

<p>The Eternal God is not the God of Abraham is not the God of Isaac is not the God of Jacob is not the God of Sarah is not the God of Rebecca is not the God of Leah is not the God of Rachel is not the God of my childhood is not the God of my youth is not the God of my adulthood is not the God of my old age is not the God of my dying is not the God of my imagining. The Eternal God is not my creation. The Eternal God is not the God who chooses is not the God who commands is not the</p>	<p>God who punishes is not the God who creates is not the God who destroys is not the God who makes me win is not the God who sees that my enemies lose. The Eternal God is not my creation. The Eternal God is the God who alone exists and who exists alone. When I am free from ancestors, free from traditions, free from truths, free from words, free from thoughts, free from even the need to be free, there is God, and there I am not. Blessed is the One at the heart of my emptiness. Rami Shapiro</p>
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Holy One empower us to descend into the depths of silence and from there awaken us into the fullness of our being. Spread over us the shelter of your peace and heal our divisions with your encouragement. Free us to realize our Divine Essence. Surround us with your protection.

Remove hostility from within and without and let us soar within your mystery. For you are a God who cares for us and frees us O Majestic, yet Gracious and Tender. Watch over our comings and goings directing them towards life and wholeness. Spread over us the sukkah of your shalom.

Aryeh Hirschfield

Lord make me an instrument of your peace
Where there is hatred, let me sow love
Where there is injury, pardon
Where there is doubt, faith
Where there is despair, hope
Where there is darkness, light
And where there is sadness, joy

O Divine Master, grant that I may not so much seek
To be consoled as to console
To be understood as to understand
To be loved as to love
For it is giving that we receive
It is in pardoning that we are pardoned
And it is in dying that we are born to eternal life.

Francis of Assisi

I want to sing the caress of You; go belly-deep in the wave of eyeing moon at night. I want to live my knowing even more and draw from waters deeper still than I have ever dared before. I want to sing my diving deep and let my life be lived by You and let my talk be talked by You, be breathed by You. I want to sing the touch of You; go knowing high on winds through the eyeing sky of day. I want to know my living even more and draw from heavens higher still than I have ever dared before. I want to sing my soaring high and let my flight be flown by You and let my walk be walked by You; be breathed by You all the windwild days that You may grant my life on earth.

I pray, hope, dream that every breath and every thought in every sense of the Word that You have given me fill my life, our lives, with health, feeling, knowledge and especially with peace, shalom and wholeness and a deepening awareness of our oneness with You Bless us Mother, Bless us Father all of us from the Place of deepest truth from the Place where You are One beyond gender and number Bless us that we may see where we ourselves are truly One in the light of your radiant face.

David Zaslow

 <p>May God bless you and guard you. May God shine his faces upon you and grace you. May God lift up her faces to you and give you peace.</p> <p>May you be filled with the Divine Flow and may its essence transform you so that you are protected from your habits of distortion May the fierce and loving light of God shine through all illusions of self, dissolving the walls that seem to keep out the miracle of grace.</p> <p>May the face of God that is hidden in everything remove its mask and reveal the truth of inter-connectedness. And may the love that shines through the face-of-all-things give you peace.</p> <p style="text-align: right;">Shefa Gold.</p>	<p>Y'va'reh'cha'chah Adonay v'yeesh'ma'reh'cha. (Kane yehi ratzone) Ya'are Adonay pahnov alechah vee'koo'neh'ka. (Kane yehi ratzone) Yeesah Adonay panov alechah v'yasame lechah shalom. (Kane yehi ratzone)</p>	 <p>יְבָרְכֶךָ יְיָ וַיִּשְׁמְרֶךָ. (כֵּן יְהִי רָצוֹן) יָאֵר יְיָ פָּנָיו אֵלֶיךָ וַיַּחַנֶּךָ. (כֵּן יְהִי רָצוֹן) יִשָּׂא יְיָ פָּנָיו אֵלֶיךָ וַיִּשֶׂם לְךָ שְׁלוֹם. (כֵּן יְהִי רָצוֹן)</p>
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<p>May the one who creates harmony above make peace for us and for all Israel, and for all who dwell on earth. And say: Amen.</p>	<p>Oseh shalom bimromav hu ya'aseh shalomaleyenu ve'al kol Yisrael ve'al kol yoshvey tavale ve'imru amen.</p>	<p>עֲשֵׂה שְׁלוֹם בְּמִרוֹמָיו הוּא יַעֲשֵׂה שְׁלוֹם עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל, וְעַל כָּל יוֹשְׁבֵי תֵבֵל וְאָמְרוּ אָמֵן:</p>
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We Weren't Just at Sinai

<p>We weren't just at Sinai. We were there at Tsimtsum, at B'reishit. When Elohim emerged As the heavens and the Earth. We were the nothing that became Everything Every thing Every every</p>	<p>We were the dust and the firmament. We were the waters below and the waters above. We shaped into plants and animals. We grew into the Earth: Adome: Adam and Chavah. We rested and we continued to change. We were Creation. We still are.</p> <p style="text-align: right;">Herb Levy</p>
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On Solid Ground

<p>Chorus We will not rest till the storm is over We will not lay this burden down We will keep each other strong We will love and carry on Till we stand all together on solid ground.</p> <p>It's been a long hard journey on a winding road So many have gone before us: they carried a heavy load But they singin' as they made their way Now it's in their footsteps we follow as we work today</p>	<p>I know that you're weary...we all feel the pain Sometimes the actions of the world will try your soul again But I believe there's a better day and it's comin' our way That's why we're raising our voices as we work today</p> <p>All around us there's hatred...all around us there's fear Violence touches our lives and the message is clear We mourn our martyrs...in our hearts they'll stay And we'll sing "We Shall Overcome" and go on our way! © Reggie Harris</p>
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Torah Discussion-Tazria Metzora

It's not possible
to be separated from the Oneness of All Things
but it feels that way sometimes.
When a woman has just given birth,
when a person is healing from brain-based or other body-based disease,
when there's contagion,
we are physically separated
so that we can bond with new life,
so that we can concentrate on our body's healing,
so that the Whole can be protected.

During that time we live
as if we were alone disconnected from the All,
connected with the Few.
We construct the illusion of separation
to move through the healing
back to the reality of Connection.
When we're ready to return
bonded or healed or safe again,
purified by our separation,
the ritual of Olah, a fully fire consumed offering used to be made
to honor the part now gone
that whose loss made us feel even more
Whole.

Herb Levy

<p>When the disappointments, aches, and terrors of the day-to-day become too great concentrate like a poison brew in my mind and precipitate out through the skin as an angry rash, through the mouth as harsh words, through the mind as self-defeating thoughts, I call upon the great Reservoir-- Nameless Oneness,</p>	<p>Arising Compassion— You in whom I swim, in which I float, a single cell, a photon, an infinitesimal mote, Rock me, Mother. Stay with me. Carry me as I live this moment of pain as deeply and truly as I can. Help me to enter raw woundedness with a greater love and to reemerge in wonder.</p> <p style="text-align: right;">Diane Elliot</p>
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<p>Torah is a Tree of Life to those whose actions are rooted in harmony with the All. Its ways balance the small with the whole and restore peace. Remind us of the Preciousness of All. Renew us, as is the way of the Cycle of Life!</p>	<p>Atze khaim hee lah'mah'khash'zee'keem bah, v'tome'kkeh'hah m'oo'shar. D'rah'kkeh'hah. Dahr'khay'no'am v'khole n'tee'voe'teh'hah shalom. Hasheevanu Adonay alecha v'nahshoovah khadashe yamaynu k'kedem.</p>	<p>עַץ חַיִּים הִיא לְמַחְזִיקִים בָּהּ, וְתִמְכֶיָה מֵאֲשֶׁר: דְּרָכֶיָה דְרָכֵי נַעַם, וְכֹל נְתִיבוֹתֶיהָ שְׁלוֹם. הַשִּׁיבֵנו יְיָ, אֱלֹהֵינוּ וְנִשְׁוֶבָה חַדָּשׁ יַמֵּינוּ כְּקֶדֶם.</p> <p style="text-align: right;">Translation/transliteration by Herb Levy</p>
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<p>Once upon a time, in the Rocky top West, we prayed, sang, smiled, laughed, and cried with our friends and neighbors in lovely spaces called Jewish Renewal Shuls. Then the plagues came. Plagues of dark leadership, angry consumerism, ORANGE BLIGHT, and relentless greed. And then the winter came. And Death abated; and dark leadership flipped to grey/ blue Joy. And Orange changed AND MELTED into laughter: and the people of The Blue Green Planet were granted the possibility, once again, of flying in the face of malevolent indifference, and nurturing their youths in their pursuit of perfection. And everywhere was called EDEN ONCE AGAIN.</p> <p style="text-align: right;">Jack Gabriel</p>	<p>Aleynu leshabe'ah la'adon hakol Letet gedulah leyotzer bereshit shenatan lanu torat emet vekhayey olam nata betohenu</p> <p>Va'anachnu korim, u'mishtakhavim, u'modim, lifnei melekh, malkhei ham'lakhim, hakadosh barukh Hu.</p> <p>She'hu noteh shamayim, ve'yoseid aretz, u' moshav yikaro bashamayim mi-ma'al, u'sh'khinat u-zo be'gavhei me'romim. Hu Eloheinu, ein od.</p> <p>Emet malkeinu, efes zulato. Kakatuv be'torato, ve'yadata hayom, ve'yadata hayom ve'hashevota Eil le'vavekha. Ki Adonai, Hu ha-Elohim, bashamayim mi-ma'al, ve'al ha'aretz, ve'al ha'aretz mi- takhat. Ein od. Ein od.</p> <p>V' nehehmar, v'hawyaw Adoenoy l'melek ol kole ha'ahretz. B'yome hahoo, b'yome hahoo, yee-heh-yeah Ahdoenoy ehkhad, oo'shmoe, oo'shmoe, oo'shmoe ehkhad.</p>	<p>עֲלֵינוּ לְשַׁבַּח לְאֲדוֹן הַכֹּל, לְתֵת גְּדֻלָּה לְיוֹצֵר בְּרֵאשִׁית, שָׁנַתָּנוּ לָנוּ תוֹרַת אֱמֶת וְחַיֵּי עוֹלָם נִטַּע בְּתוֹכֵנוּ; וְאִנְחָנוּ כּוֹרְעִים וּמְשִׁתַּחֲוִים וּמוֹדִים, לִפְנֵי מֶלֶךְ, מַלְכֵי הַמַּלְאָכִים, הַקָּדוֹשׁ בְּרוּךְ הוּא. שֶׁהוּא נוֹטֵה שָׁמַיִם וְיֹסֵד אֶרֶץ, וּמוֹשֵׁב יְקָרוֹ בְּשָׁמַיִם מִמַּעַל, וּשְׁכִינַת עֵזוֹ בְּגִבְהֵי מְרוֹמִים, הוּא אֱלֹהֵינוּ אֵין עוֹד. אֱמֶת מְלַכְנוּ אֶפֶס זוֹלָתוֹ, כְּכַתוּב בְּתוֹרָתוֹ: וַיִּדְעַת הַיּוֹם וְהִשְׁבַּת אֶל לְבַבָּךְ, כִּי יְיָ הוּא הָאֱלֹהִים בְּשָׁמַיִם מִמַּעַל וְעַל הָאֶרֶץ מִתַּחַת, אֵין עוֹד: וְנֹאמַר: וְהָיָה יְיָ לְמֶלֶךְ עַל כָּל הָאֶרֶץ: בַּיּוֹם הַהוּא יְהִיָּה יְיָ אֶחָד וְשִׁמוֹ אֶחָד.</p>
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A Kaddish for Mourners- all invited

A Kaddish for Mourners- all invited Feb 3, 2021
Here, the time of the open and the broken heartedness.
Hear me, hear us, my people, here and in the forever
unknown.
All I feel, for all we feel. All I need, for all we need.
May divine connect here, to each other, here and to
those beyond our bodies,
That we may nourish all our each-others,
through the power of the spiritual river, seen and
unseen, felt, and as yet, unfelt.
Join our hearts, cross and connect all, in the mountains
of majesty, through all cells of the
universe.
For it is in this nourishing that we make the impossible
possible.
For it is in this connection, we tap, share and spread
divine life's pulse,
Across generations, across time, and across all
knowingness.
We stand here, the open and the broken hearted to be
the mourner,
to be the witness, to be the voice of sacred wisdom.
My turn and others, known and unknown at this very
instant, to be lost from faith,
Yet immersed in the sacred life force that brings us all
along and sings all of us on,
Listen, hear and hold this call.

As we hear this song:
"When it is our time to mourn, let us have the
strength to be there.
When it is our time to mourn let our unity be our
singularity.
Amplify the sacred divine web-strength of our
hungry prayers.
When it is our time, let our singularity reflect the
power of life force, and we will walk
together towards life,
those that are there, those that cannot be there
those that are here, those that cannot be here.
My life, your life, our lives"
Stand together, in this river of life sacred pulse,
across time, across space,
consciously and unconsciously, doing the needed
task.
The task of surrender and of transformation.
To stand before our peers, mourners, witnesses
and the still small voice holding hands eternally with
our hearts,
We seekers, again and again, lift our gaze toward
life.
May we all say: Ameyn.

Lynn Bravewomon

Kaddish

<p>The great essence will flower in our lives and expand throughout the world. May we learn to let it shine through so we can augment its glory. We praise, we continue to praise, and yet, whatever it is we praise is quite beyond the grasp of all these words & symbols that point us towards it. We know, and yet we do not know. May great peace pour forth from the heavens for us, for all Israel, for all who struggle toward truth. May that which makes harmony in the cosmos above, bring peace within and between us, and to all who dwell on this earth, and let us say, Amen.</p> <p style="text-align: right;">Burt Jacobson</p>	<p>Yitgadal v'yit'kadash shemay rabah. Be'alma divra chirutey veyamleech malchutey Bekhayaychone uvyomaycone uvkhahyay dekhole beyt yisrael Ba'agalah uvizman kariv ve'imru amen. Yehey shemey raba mevarak le-alam ulalmey almaya. Yitbarak veyishtabakh veyitpa'ar veyitromam veyitnasey veyit-hadar v'yeet'ah'leh veyithahlal shemey dekudsha bereek hu. Le'ela meekol birkhata veshirata tushbekhata venekhemata da- amiran be'alma ve'imru amen. Yehay sh'lamah rahbah meen sh'may'yah v'khaim aleynu v'al kal Yisrael ve'imru amen. Oseh shalom bimromav hu ya'aseh shalom aleynu ve'al kol Yisrael ve'al kol Yishmael ve'al kol yoshvey tavale ve'imru amen.</p>	<p>יִתְגַּדֵּל וְיִתְקַדֵּשׁ שְׁמֵהּ רַבָּא בְּעֵלְמָא דִּי בְרָא כְרַעוּתְהָ, וְיִמְלִיךְ מַלְכוּתְהָ בְּחַיִּיכוֹן וּבְיוֹמֵיכוֹן וּבְחַיֵּי דְכָל בֵּית יִשְׂרָאֵל. בְּעֵגְלָא וּבְזִמְן קָרִיב וְאִמְרוּ אָמֵן: יְהֵא שְׁמֵהּ רַבָּא מְבָרַךְ לְעָלַם וּלְעָלְמֵי עָלְמַיָּא: יְתַבְרַךְ וְיִשְׁתַּבַּח, וְיִתְפָּאֵר וְיִתְרוֹמֵם וְיִתְנַשֵּׂא וְיִתְהַדָּר וְיִתְעַלֶּה וְיִתְהַלָּל שְׁמֵהּ דְּקֻדְשָׁא בְּרִיךְ הוּא לְעֵלְא מְכָל בְּרַכְתָּא וְשִׁירְתָּא, תְּשַׁבְּחָתָא וְנַחֲמָתָא, דְּאִמְיָרָן בְּעֵלְמָא, וְאִמְרוּ אָמֵן: יְהֵא שְׁלָמָא רַבָּא מִן שְׁמַיָּא וְחַיִּים עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל, וְאִמְרוּ אָמֵן: עֲשֵׂה שְׁלוֹם בְּמִרוֹמָיו הוּא יַעֲשֵׂה שְׁלוֹם עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל, וְעַל כָּל יִשְׁמַאֵל וְעַל כָּל יוֹשְׁבֵי תַבַּל וְאִמְרוּ אָמֵן:</p>
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Down by the Riverside

<p>Gonna lay down my sword and shield Down by the riverside (3x) Gonna lay down my burden Down by the riverside</p>	<p>I ain't gonna study war no more Study war no more Ain't gonna study war no more</p> <p style="text-align: right;">Traditional</p>
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