

You've loved your fellow human being as yourself.	V'ahavta rayecha komocha	וְאַהֲבַתָּ לְרֵעֶךָ כְּמוֹךָ
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How beautiful is your temporariness <i>Ya'akov,</i> And the places where Eternity dwells within you, <i>Yisrael!</i>	<i>Ma toe-vu o'ha lecha Ya'akov mishk'notehchah Yisrael.</i>	כִּי טָבוּ אֲהַלֶּיךָ יַעֲקֹב, מִשְׁכְּנוֹתֶיךָ יִשְׂרָאֵל. Translation and transliteration by Herb Levy
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The Long Way Home

In the middle of the Garden of Eden stands the Tree of Life roots and branches Nourished and sustained by Mayim Chayim Living Waters. We who tasted the Tree of Knowledge, Good and Evil, left the Garden, pursuing illusions of duality, like children searching for the rules of the game. And now that we have learned that thoughts are endless	and desires insatiable we yearn for the comfort of the Infinite One who embraces all differences in a bouquet of beauty. To re-enter the Garden we must pass through the sword of truth surrendering our will to be right. Then we glimpse Her radiance breathe Her sweet blossoms taste Her satisfying fruit and discover that what we seek on the outside dwells within. Home is the heart of self-love Siddur Kol Koreh
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Blessed is the One who removes sleep from my eyes and slumber from my eyelids.	Barukh atah Adonay Elohenu khay ha'olamim Ha'mah'ahveer shayni may'ay'ni ut'numan may'ah'pahpie.	בָּרוּךְ אַתָּה יְהוָה אֱלֹהֵינוּ חַי הָעוֹלָמִים הַמַּעֲבִיר שְׁנָה מֵעֵינַי וּתְנוּמָה מֵעַפְעָפִי:
Blessed is the One who removes our blindnesses.	Barukh atah Adonay Elohenu khay ha'olamim po'kay'akh eevreem.	בָּרוּךְ אַתָּה יְהוָה אֱלֹהֵינוּ חַי הָעוֹלָמִים פּוֹקֵחַ עֵוְרִים:
Blessed is the One who frees the enslaved.	Barukh atah Adonay Elohenu khay ha'olamim mah'tear ah'soo'reem.	בָּרוּךְ אַתָּה יְהוָה אֱלֹהֵינוּ חַי הָעוֹלָמִים מַתִּיר אֲסוּרִים:
Blessed is the One who makes the unsure confident.	Barukh atah Adonay Elohenu khay ha'olamim zokafe k'foo'feem.	בָּרוּךְ אַתָּה יְהוָה אֱלֹהֵינוּ חַי הָעוֹלָמִים זוֹקֵף כְּפוּפִים:
Blessed are you, THE IMAGELESS, who made me in your image.	Barukh atah Adonay Elohenu khay ha'olamim sheh'ah'sa'nee b'tsalmo.	בָּרוּךְ אַתָּה יְהוָה אֱלֹהֵינוּ חַי הָעוֹלָמִים שֶׁשָּׂאֵנִי בְצַלְמוֹ:

Blessed is the One who made us free.	Barukh atah Adonay Elohenu khay ha'olamim sheh'ah'sanu b'nai khoreen.	בְּרוּךְ אַתָּה יְהוָה אֱלֹהֵינוּ חַי הַעוֹלָמִים שֶׁעָשָׂנוּ בְּנֵי חוֹרֵיךְ;
Blessed is the One who gives us strength.	Barukh atah Adonay Elohenu khay ha'olamim hanotane l'yah'afe co'akh.	בְּרוּךְ אַתָּה יְהוָה אֱלֹהֵינוּ חַי הַעוֹלָמִים הַנוֹתֵן לִיעָף כֹּחַ.

G'd, the soul you have given me is pure.	Elohi neshamah sheh'nah'tah'tah bee t'horah hee.	אֱלֹהִי, נְשָׁמָה שְׁנַתַּת בִּי טְהוֹרָה הִיא.
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Love

<p>Physics' great quest the unified field theory, a force that connects the four forces into one.</p> <p>Gravity's the force that describes one object's attraction for a second object. Another name for that is love.</p> <p>When that attraction is strong, electromagnetism holds atoms together, preventing one object from crashing through the second one so dominating it as to destroy it. Another name for that is love.</p>	<p>Electromagnetism tells us protons should repel each other and the atom's nucleus should fly apart; but there's something stronger than electromagnetism, stronger than gravity, the strong force keeping atoms connected. Another name for that is love.</p> <p>Neutrons change into protons and electrons, and make nuclear fusion possible, make stars possible, make life possible. Physicists call that the weak force. I call it love.</p> <p>Search for the unified field no longer Love connects the four forces into one, just as it connects us into one.</p> <p style="text-align: right;">© Herb Levy</p>
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I lift my eyes up to the hills. From where does my help come? My help is from the The Unseen One, the maker of the heavens and the Earth.	<i>Esa eynay el heharim me'ayin yavo ezri Ezri ma'im adoni oseh shamayim va'aretz</i>	אֲשָׂא עֵינַי אֶל הַהָרִים מֵאֵין יבֵּא עֲזָרִי עֲזָרִי מֵעַם יְהוָה עֹשֵׂה שָׁמַיִם וָאָרֶץ
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<p>Hallelu/Yah! Call out to Yah in Heaven's holy place! Boom out to Yah across the firmament! Shout out for Yah, for all God's mighty deeds! Cry out for Yah, as loud as God is great! Blast out for Yah with piercing shofar note! Pluck out for Yah with lute and violin! Throb out for Yah with drum and writhing dance! Sing out for Yah with strings and husky flute! Ring out for Yah with cymbals that resound! Clang out for Yah with cymbals that rebound! Let every living thing Yah's praises sing, Hallelu/Yah! Let every living thing Yah's praises sing, Hallelu/Yah!</p>	<p><i>Halleluyah halelu el bekodsho. Halleluhu beerkey'ah oozoe Halleluhu beeg'voo'roe'tov Halleluhu k'rove goud'loe Halleluhu betay'kah shofar Halleluhu b'nayvale v'khee'noor Halleluhu b'tofe oo'mah'khole Halleluhu b'mean'neem v'oo'gahv Halleluhu b'tseal'tsah'lay shah'mah Halleluhu b'tseal'tsah'lay t'roo'ah Kole ha'neshamah t'hallel yah Halleluyah. Kole ha'neshamah t'hallel yah Halleluyah.</i></p>	<p>הַלְלוּיָהּ, הַלְלוּ אֵל בְּקֹדֶשׁוֹ, הַלְלוּהוּ בְּרִקְיעַ עֵזוֹ הַלְלוּהוּ בְּגִבּוֹרֹתָיו, הַלְלוּהוּ כְּרַב גְּדֻלוֹ: הַלְלוּהוּ בְּתִקְעַ שׁוֹפָר, הַלְלוּהוּ בְּנִבְל וְכִנּוֹר: הַלְלוּהוּ בְּתֹף וּמַחּוֹל, הַלְלוּהוּ בְּמִנִּים וְעֶגְבִּי: הַלְלוּהוּ בְּצִלְצְלֵי שְׁמַע, הַלְלוּהוּ בְּצִלְצְלֵי תְרוּעָה: כֹּל הַנְּשָׁמָה תִהְיֶה יְהִי הַלְלוּיָהּ. כֹּל הַנְּשָׁמָה תִהְיֶה יְהִי הַלְלוּיָהּ.</p>
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Drop a Pebble in the Water

Drop a pebble in the water: just a splash, and it is gone;
 But there's a half-a-hundred ripples circling on & on & on
 Spreading, spreading from the center, flowing on out to the
 sea.
 And there is no way of telling where the end is going to be.

Drop a pebble in the water: in a minute you forget,
 But there's little waves a-flowing, and there's ripples circling
 yet,
 & those little waves a-flowing to a great big wave have
 grown;
 You've disturbed a mighty river just by dropping in a stone.

Drop an unkind word, or careless: in a minute it is gone;
 But there's a half-a-hundred ripples circling on & on & on.
 They keep spreading, spreading, spreading from the center
 as they go,
 And there is no way to stop them, once you've started them
 to flow.

Drop an unkind word, or careless: in a minute you forget;
 But there's little waves a-flowing, and there's ripples
 circling yet,
 And perhaps in some sad heart a mighty wave of tears
 you've stirred,
 And disturbed a life was happy ere you dropped that
 unkind word.

Drop a word of cheer and kindness: just a flash and it is
 gone;
 But there's half-a-hundred ripples circling on & on & on.
 Bearing hope and joy and comfort on each splashing,
 dashing wave
 Till you wouldn't believe the volume of the one kind word
 you gave.

Drop a word of cheer and kindness: in a minute you forget;
 But there's gladness still a-swelling, and there's joy a-
 circling yet,
 And you've rolled a wave of comfort whose sweet music
 can be heard
 Over miles and miles of water just by dropping one kind
 word.

James W. Foley

May Your Great
 Name, through our
 expanding
 awareness and our
 fuller action, lift You
 to become still
 higher and more
 holy. For your Great
 Name weaves
 together all the
 names of all the
 beings in the
 universe, among
 them our own
 names, and it is we
 who give You the
 strength to lift us into
 holiness. (*Amein*)
 Throughout the
 world that You have
 offered us, a world
 of majestic peaceful
 order that gives life
 to the Godwrestling
 folk through time
 and through eternity.
 And let's say *Amein*.

Yitgadal v'yit'kadash
 shemay rabah. Be'alma
 divra chirutey
 veyamleech malchutey
 Bekhayaychone
 uvyomaycone
 uvkhahyay dekhole beyt
 yisrael Ba'agalah
 uvizman kariv ve'imru
 amen. Yehey shemey
 raba mevarak le-alam
 ulalmey almaya.
 Yitbarak veyishtabakh
 veyitpa'ar veyitromam
 veyitnasey veyit-hadar
 v'yeet'ah'leh veyithahlal
 shemey dekudsha
 bereek hu. Le'ela
 meekol birkhata
 veshirata tushbekhata
 venekhemata da-amiran
 be'alma ve'imru amen.

יִתְגַּדֵּל וַיִּתְקַדֵּשׁ שְׁמֵהּ רַבָּא
 בְּעֵלְמָא דִּי בְרָא כְרַעוּתֵיהּ,
 וַיִּמְלִיךְ מַלְכוּתֵיהּ בְּחַיִּיכוּן וּבְיוֹמֵיכוּן
 וּבְחַיֵּי דְכָל בֵּית יִשְׂרָאֵל.
 בְּעֵגְלָא וּבְזִמְן קָרִיב וְאָמְרוּ אָמֵן:
 יְהֵא שְׁמֵהּ רַבָּא מְבָרַךְ
 לְעָלַם וּלְעָלְמֵי עָלְמָא:
 יִתְבָּרַךְ וַיִּשְׁתַּבַּח, וַיִּתְפָּאֵר וַיִּתְרוֹמֵם
 וַיִּתְנַשֵּׂא וַיִּתְהַדָּר וַיִּתְעַלֶּה
 וַיִּתְהַלַּל שְׁמֵהּ דְּקֻדְשָׁא בְּרִיךְ הוּא
 לְעֵלְא מְכַל בְּרַכְתָּא וְשִׁירְתָּא,
 תְּשַׁבְּחָתָא וְנַחֲמָתָא, דְּאָמְרִין
 בְּעֵלְמָא, וְאָמְרוּ אָמֵן:

Transliteration by Herb Levy.
 Translation by Arthur Waskow

Blessed is the Face of G!d, the faces of All.	Barchu et Yah ha'm'vorach	בְּרַכּוּ אֶת יְהוָה הַמְּבֹרָךְ:
Blessed is the Holiness in All Things	Baruch Yah ha'm'vorach l'olam va-ed!	בְּרוּךְ יְהוָה הַמְּבֹרָךְ לְעוֹלָם וָעֶד: Translation and transliteration by Herb Levy

Love is Shekhina's Way

Love is Shekhina's Way of proving we are made in her image. She gave us love to transcend the isolation of self. To experience the unity of universe. She shows us that love is the bounty of the universe, Available to all, in diverse ways.	Love of child, of parent, of justice, of friend, of beauty, And the special love of partner, The special eternal connection when two become one, While remaining two. We give Shekhina thanks every time we love. © Herb Levy
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We are loved by an unending love. We are embraced by arms that find us Even when we are hidden from ourselves. We are touched by fingers that soothe us even when we are too proud for soothing. We are counseled by voices that guide us even when we are too embittered to hear. We are loved by an unending love.	We are supported by hands that uplift us even in the midst of a fall. We are urged on by eyes that meet us even when we are too weak for meeting. We are loved by an unending love. Embraced, touched, soothed and counseled. Ours are the arms, the fingers, the voices; Ours are the hands, the eyes, the smiles: We are loved by an unending love. Words by Rami Shapiro, music by Shir Yaakov Feit
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Look, Smell, Taste, Touch, Listen: All that you experience is G!d, the Wonder of Oneness!	Shema ha'kole adonay eloheynu adonay echad.	שְׁמַע יִשְׂרָאֵל יְהוָה אֱלֹהֵינוּ יְהוָה אֶחָד:
Blessed be every Name, which is God's name, the Majesty of Infinite Beingness!	<i>Baruch shem kevod malchuto le'olam va'ed.</i>	בְּרוּךְ שֵׁם כְּבוֹד מַלְכוּתוֹ לְעוֹלָם וָעֶד.

<p>You fell in love with Yah, the Interbreathing of all things, with all your passion and with every fiber of your being. Let the <i>Shema</i> nest in your heart and sanctify you as a mirror of the Love between Yah and <i>Shekinah</i>, the intimate connection between the External and the Internal. Renew these vows by your every thought and action. Sometimes you will lose the Consciousness of the Connection of All Things. Symbols help as reminders of the Oneness of All.</p>	<p>Ve'ahavta et Adonay Elohecha bekole levecha uvechole nafshecha uvechole me'odecha. Vaha'yu hadevarim ha'eleh asher anochi metzavecha hayome al levahvehcha. Vishinamtam levanecha vedibarta bam beshivtecha beveytecha evelechtechah vahderek ooveshochbecha oovekumecha. Ookeshartam le'ot al yadecha vehayu letotafote beyn eynehcha ooketavtam al mezuzot beytecha oovisharecha</p>	<p>וְאַהֲבַתְּ אֶת יְהוָה אֱלֹהֶיךָ, בְּכָל-לִבְבְּךָ, וּבְכָל-נַפְשְׁךָ, וּבְכָל-מְאֹדְךָ. וְהָיוּ הַדְּבָרִים הָאֵלֶּה, אֲשֶׁר אֲנֹכִי מְצַוְךָ הַיּוֹם, עַל-לִבְבְּךָ: וְשָׁנַנְתָּם לְבִנְיָךְ, וְדַבַּרְתָּ בָם בְּשַׁבְּתְךָ בְּבֵיתְךָ, וּבְלֶכְתְּךָ בַדֶּרֶךְ וּבְשֹׁכְכְךָ, וּבְקוֹמְךָ. וּקְשַׁרְתָּם לְאוֹת עַל-יָדְךָ, וְהָיוּ לְטֹטְפוֹת בֵּין עֵינֶיךָ, וְכִתְבַתָּם עַל מְזוֹת בֵּיתְךָ וּבְשַׁעְרֶיךָ:</p> <p style="text-align: right;">Translation and transliteration by Herb Levy</p>
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<p>How can anyone be as great as the Whole! Whose holiness, praiseworthiness and wondrous actions equal everyone's?</p>	<p>Mi chamokah ba'elim Adonay. Mi chamokah nedor bakodesh, Nora tehilot osey feleh.</p>	<p>מִי כַמֹּכָה בְּאֵלִים יְהוָה מִי כַמֹּכָה נְאֻדָר בְּקֹדֶשׁ, נֹרָא תְהִילֹת, עֲשֵׂה פְלֵא:</p>
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עֲמִידָה Amidah

<p>Blessed are You, our God, God of our ancestors!</p>	<p>Barukh atah Yah Elohenu ay'lohay avotenu v'emoetaynu</p>	<p>בָּרוּךְ אַתָּה יְהוָה אֱלֹהֵינוּ אֱלֹהֵי אֲבוֹתֵינוּ וְאִמּוֹתֵינוּ</p>
<p>Blessed are You, the shield of Abraham and help of Sarah!</p>	<p>Barukh at Yah magane Avraham v'ehzraht Sarah.</p>	<p>בָּרוּךְ אַתָּה יְהוָה מָגֵן אֲבֹרָהּם וְעֲזַרְתָּ שָׂרָה:</p>
<p>Blessed are You who bestows life on all the living!</p>	<p>Barukh atah Yah m'khai'yay khol khai.</p>	<p>בָּרוּךְ אַתָּה יְהוָה מְחַיֶּה כָּל חַיִּ:</p>
<p>Blessed are You Ruler of the Earth who sanctifies Shabbat!</p>	<p>Barukh at Yah Malkah ol kol ha'aretz m'kadashe ha'Shabbat.</p>	<p>בָּרוּךְ אַתָּה יְהוָה מְלֹכֵה עַל כָּל הָאָרֶץ מְקַדֵּשׁ הַשַּׁבָּת:</p>

Blessed are You whose presence can be felt in Zion!	Barukh atah Yah ha'makhazeer sh'khee'na'to l'tsion	בָּרוּךְ אַתָּה יְהוָה הַמִּמְחִזֵּר שְׂכִינְתּוֹ לְצִיּוֹן.
Blessed is the One whose Name is Goodness and to whom we give thanks!	Barukh at Yah ha'tov sheemkha ulkhah na'eh l'hodot	בָּרוּךְ אַתָּה יְהוָה הַטּוֹב שְׂמֵךְ וְלֵךְ נְאֻמָּה לְהוֹדוֹת.
Blessed are You who makes peace.	Barukh atah Yah oseh shalom.	בָּרוּךְ אַתָּה יְהוָה עוֹשֵׂה הַשְּׁלוֹם.



ה	All is perfect.
ו	You are loved.
ה	All is clear.
ו	I am holy. Zalman Schachter-Shalomi

<p>It is only by breaking open entirely By allowing our heart and our whole being To break open again and again Wider than we ever thought possible That the unbreakable jewel is revealed The belovedness of being itself The radiant diamond that we've always been. By loving, truly loving our every aspect An inexplicable laughter is born From the deepest sorrow</p>	<p>An exquisite song emerges From the most terrifying scream The most tender child is awakened Through the hateful murderer Our purest holiness is revealed By our willingness to embrace The very thing that most frightens us And we find unexpectedly the treasure Where we least expect it to be. Often in our most disavowed part.</p> <p style="text-align: right;">Rashani</p>
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Beannacht

<p>On the day when the weight deadens on your shoulders and you stumble, may the clay dance to balance you.</p> <p>And when your eyes freeze behind the grey window and the ghost of loss gets in to you, may a flock of colours, indigo, red, green, and azure blue come to awaken in you a meadow of delight.</p>	<p>When the canvas frays in the currach of thought and a stain of ocean blackens beneath you, may there come across the waters a path of yellow moonlight to bring you safely home.</p> <p>May the nourishment of the earth be yours, may the clarity of light be yours, may the fluency of the ocean be yours, may the protection of the ancestors be yours. And so may a slowwind work these words of love around you, an invisible cloak to mind your life.</p> <p style="text-align: right;">John O'Donohue</p>
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<p>I am loved. Too easy to say, perhaps. Too fleeting a feeling upon which to anchor a life. And yet it is so. I am loved. Though not always by me. From my earliest days I was helped and guided to find the path of justice, mercy, and humility. Some guides were clear: parents, grandparents, teachers, friends. Some were subtle, unexpected, often painful. They are all and always with me.</p>	<p>When I quiet my mind and still my heart, when I cease the nervous doing that so often passes for purposeful living, I sense their wisdom echoing in my heart. I call out and hear the Echo, my voice no longer mine, and richer. I listen and learn. Through tales and tradition, through law and acts of kindness, I find my way. I take mitzvot upon myself and seek to walk the path of righteousness. They, too, become my guides, and I think of them daily. May I never withdraw my love from this path.</p> <p style="text-align: right;">Rami Shapiro</p>
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 <p>May God bless you and guard you. May God shine his faces upon you and grace you. May God lift up her faces to you and give you peace.</p> <p>May you be filled with the Divine Flow and may its essence transform you so that you are protected from your habits of distortion May the fierce and loving light of God shine through all illusions of self, dissolving the walls that seem to keep out the miracle of grace.</p> <p>May the face of God that is hidden in everything remove its mask and reveal the truth of inter-connectedness. And may the love that shines through the face-of-all-things give you peace.</p> <p style="text-align: right;">Shefa Gold.</p>	<p>Y'va'reh'cha'chah Adonay v'yeesh'ma'reh'cha. (Kane yehi ratzone) Ya'are Adonay pahnov alechah vee'koo'neh'ka. (Kane yehi ratzone) Yeesah Adonay panov alechah v'yasame lechah shalom. (Kane yehi ratzone)</p>	 <p>יְבָרְכֶךָ יי וַיִּשְׁמְרֶךָ. (כִּן יְהִי רַצוֹן) יֵאָר יי פָּנָיו אַלְיָה וַיַּחַנְךָ. (כִּן יְהִי רַצוֹן) יִשָּׂא יי פָּנָיו אַלְיָה וַיִּשֶׂם לְךָ שְׁלוֹם. (כִּן יְהִי רַצוֹן)</p>
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<p>May the one who creates harmony above make peace for us and for all Israel, and for all who dwell on earth. And say: Amen.</p>	<p>Oseh shalom bimromav hu ya'aseh shalomaleyenu ve'al kol Yisrael ve'al kol yoshvey tavale ve'imru amen.</p>	<p>עֲשֵׂה שְׁלוֹם בְּמִרְוּמָיו הוּא יַעֲשֵׂה שְׁלוֹם עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל, וְעַל כָּל יוֹשְׁבֵי תֵבֵל וְאָמְרוּ אָמֵן:</p>
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Torah Study

Celebrating Romantic Love

Romances are stories. That is what the word 'romance' means; it means stories about what happens, the accomplishments, the challenges and the setbacks along the way. But today is not about just any kind of story. We are speaking today of romances of love, how love changes peoples' lives, not only the life of the couple, but also the lives of those around them. Such stories are sacred and perhaps that is why they are often guarded and rarely shared in community. These stories are alive. That is why they must be told and retold every year. With each telling, if we stay within the sacred space, the stories evolve into more and more complex forms. As we hear them we also evolve.

Whether you are single, whether you are newly mated, whether you've been partnered for years, we all need reminders of love's possibilities.

Marilyn Bronstein

Wild Geese

Tell me about your despair, yours, and I will tell you mine.
You do not have to be good.
You do not have to walk on your knees
For a hundred miles through the desert, repenting.
You only have to let the soft animal of your body love
what it loves.
Tell me about your despair, yours, and I will tell you mine.
Meanwhile the world goes on.

Meanwhile the sun and the clear pebbles of the rain are moving across the landscapes,
over the prairies and the deep trees, the mountains and the rivers.
Meanwhile the wild geese, high in the clean blue air, are heading home again.
Whoever you are, no matter how lonely, the world offers itself to your imagination, calls to you like the wild geese, harsh and exciting – over and over announcing your place in the family of things.

Mary Oliver

<p>Torah is a Tree of Life to those whose actions are rooted in harmony with the All. Its ways balance the small with the whole and restore peace. Remind us of the Preciousness of All. Renew us, as is the way of the Cycle of Life!</p>	<p>Atze khaim hee lah'mah'khah'zee'keem bah, v'tome'kheh'hah m'oo'shar. D'rah'kheh'hah. Dahr'khay'no'am v'khole n'tee'voe'teh'hah shalom. Hasheevanu Adonay alecha v'nahshoovah khadashe yamaynu k'kedem.</p>	<p>עַץ חַיִּים הִיא לַמַּחְזִיקִים בָּהּ, וְתַמְכֶיהָ מֵאֲשֶׁר: דְּרָכֶיהָ דְרָכֵי נֶעֱם, וְכָל נְתִיבוֹתֶיהָ שְׁלוֹם. הַשִּׁיבָנוּ יי, אֵלֶיךָ וְנִשׁוּבָה חֲדָשׁ יָמֵינוּ כְּקֶדֶם.</p> <p>Translation/transliteration by Herb Levy</p>
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<p>Aleynu leshabe'ah la'adon hakol Letet gedulah leyotzer bereshit shenatan lanu torat emet vekhayey olam nata betohenu</p> <p>Va'anachnu korim, u'mishtakhavim, u'modim, lifnei melekh, malkhei ham'lakhim, hakadosh barukh Hu. She'hu noteh shamayim, ve'yoseid aretz, u' moshav yikaro bashamayim mi-ma'al, u'sh'khinat u-zo be'gavhei me'romim. Hu Eloheinu, ein od.</p> <p>Emet malkeinu, efes zulato. Kakatuv be'torato, ve'yadata hayom, ve'yadata hayom ve'hashevota Eil le'vavekha. Ki Adonai, Hu ha-Elohim, bashamayim mi-ma'al, ve'al ha'arets, ve'al ha'arets mitakhat. Ein od. Ein od.</p> <p>V' nehehmar, v'hawyaw Adoenoy l'melek ol kole ha'ahretz. B'yome hahoo, b'yome hahoo, yee-heh-yeah Ahdoenoy ehkhad, oo'shmoe, oo'shmoe, oo'shmoe ehkhad.</p>	<p>עָלֵינוּ לְשַׁבַּח לְאֲדוֹן הַכֹּל, לְתַת גְּדֻלָּה לְיוֹצֵר בְּרֵאשִׁית, שָׁנַתָּנוּ לָנוּ תּוֹרַת אֱמֶת וְחַיֵּי עוֹלָם נִטַּע בְּתוֹכֵנוּ; וְאֶנְחָנוּ כְּזֹרְעִים וּמִשְׁתַּחֲוִים וּמוֹדִים, לִפְנֵי מֶלֶךְ, מַלְכֵי הַמַּלְאָכִים, הַקָּדוֹשׁ בְּרוּךְ הוּא. שֶׁהוּא נוֹטֵה שָׁמַיִם וְיִסַּד אֶרֶץ, וּמוֹשֵׁב יְקָרוֹ בְּשָׁמַיִם מִמַּעַל, וְשֹׁכֵנֵת עָזוֹ בְּגִבְהֵי מְרוֹמִים, הוּא אֱלֹהֵינוּ אֵין עוֹד. אֱמֶת מִלְכָּנוּ אֶפֶס זֹלָתוֹ, כְּכַתוּב בְּתוֹרָתוֹ: וַיַּדְעָתָ הַיּוֹם וְהִשְׁבַּתָּ אֶל לְבַבְךָ, כִּי יְיָ הוּא הָאֱלֹהִים בְּשָׁמַיִם מִמַּעַל וְעַל הָאָרֶץ מִתַּחַת, אֵין עוֹד: וְנֹאמַר: וְהָיָה יְיָ לְמֶלֶךְ עַל כָּל הָאָרֶץ: בַּיּוֹם הַהוּא יְהִיָּה יְיָ אֶחָד וְשֵׁמוֹ אֶחָד.</p>
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'Tis a Fearful Thing

<p>Tis a fearful thing To love What death can touch. To love, to hope, to dream, And ah, to lose. A thing for fools, this, Love, But a holy thing, To love what death can touch.</p>	<p>For your life has lived in me; Your laugh once lifted me; Your word was gift to me. To remember this brings painful joy. 'Tis a human thing, love, A holy thing, To love What death has touched.</p> <p style="text-align: right;">Chaim Stern</p>
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Kaddish

<p>The great essence will flower in our lives and expand throughout the world. May we learn to let it shine through so we can augment its glory. We praise, we continue to praise, and yet, whatever it is we praise is quite beyond the grasp of all these words & symbols that point us towards it. We know, and yet we do not know. May great peace pour forth from the heavens for us, for all Israel, for all who struggle toward truth. May that which makes harmony in the cosmos above, bring peace within and between us, and to all who dwell on this earth, and let us say, Amen.</p> <p style="text-align: right;">Burt Jacobson</p>	<p>Yitgadal v'yit'kadash shemay rabah. Be'alma divra chirutey veyamleech malchutey Bekhayaychone uvyomaycone uvkhahyay dekhole beyt yisrael Ba'agalah uvizman kariv ve'imru amen. Yehey shemey raba mevarak le-alam ulalmey almaya. Yitbarak veyishtabakh veyitpa'ar veyitromam veyitnasey veyit-hadar v'yeet'ah'leh veyithahlal shemey dekudsha bereek hu. Le'ela meekol birkhata veshirata tushbekhata venekhemata da- amiran be'alma ve'imru amen. Yehay sh'lamah rahbah meen sh'may'yah v'khaim aleynu v'al kal Yisrael ve'imru amen. Oseh shalom bimromav hu ya'aseh shalom aleynu ve'al kol Yisrael ve'al kol Yishmael ve'al kol yoshvey tavale ve'imru amen.</p>	<p>יִתְגַּדֵּל וְיִתְקַדֵּשׁ שְׁמֵהּ רַבָּא בְּעֵלְמָא דִּי בְרָא כְרַעוּתְהָ, וְיִמְלִיךְ מַלְכוּתְהָ בְּחַיֵּינוּ וּבְיוֹמֵינוּ וּבְחַיֵּי דְכָל בֵּית יִשְׂרָאֵל. בְּעֵגְלָא וּבְזִמְנוֹ קָרִיב וְאִמְרוּ אָמֵן: יְהֵא שְׁמֵהּ רַבָּא מְבָרַךְ לְעָלַם וּלְעָלְמֵי עָלְמַיָּא: יִתְבָּרַךְ וְיִשְׁתַּבַּח, וְיִתְפָּאֵר וְיִתְרוֹמֵם וְיִתְנַשֵּׂא וְיִתְהַדָּר וְיִתְעַלֶּה וְיִתְהַלָּל שְׁמֵהּ דְּקֻדְשָׁא בְּרִיךְ הוּא לְעֵלְא מְכָל בְּרַכְתָּא וְשִׁירְתָּא, תְּשַׁבְּחִתָּא וְנַחֲמִתָּא, דְּאִמְרוּ בְּעֵלְמָא, וְאִמְרוּ אָמֵן: יְהֵא שְׁלָמָא רַבָּא מִן שְׁמַיָּא וְחַיִּים עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל, וְאִמְרוּ אָמֵן: עֲשֵׂה שְׁלוֹם בְּמִרוֹמָיו הוּא יַעֲשֵׂה שְׁלוֹם עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל, וְעַל כָּל יִשְׁמַאֵל וְעַל כָּל יוֹשְׁבֵי תַבֵּל וְאִמְרוּ אָמֵן:</p>
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May the light of love

As we come around to take our places at the table,
A moment to remember and reflect upon our wealth,
Here's to loving friends and family, here's to being
able,
To gather here together in good company and health.

Chorus:

And may the light of love be shining deep within your
spirit,
May the torch of mercy clear a path and show the way,
May the horn of plenty sound so everyone can hear it,
May the light of love be with you every day.

And may we be released from all those feelings that
would harm us,
May we have the will to give them up and get them
gone,
For heavy are the satchels full of anger and false
promise,
May we have the strength to put them down.

And may we wish the best for everyone that we
encounter,
May we swallow pride and may we do away with fear
For it's only what we do not know that we have grown
afraid of,
And only what we do not choose to hear.

And as we bless our daily bread and drink our day's
libation,
May we be reminded of the lost and wayward souls.
The hungry and the homeless that we have in every
nation,
May we fill each empty cup and bowl.

May nothing ever come between or threaten to divide us,
May we never take for granted all the gifts that we
receive,
Being ever mindful of the unseen hands that guide us,
And the miracles that cause us to believe.

David Roth